THE OFFICIAL PUBLICATION OF THE ROCHESTER RAGING RHINOS

1999 U.S. OPEN CUP CHAMPIONS

2000 Rochester Raging RHINOS

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&

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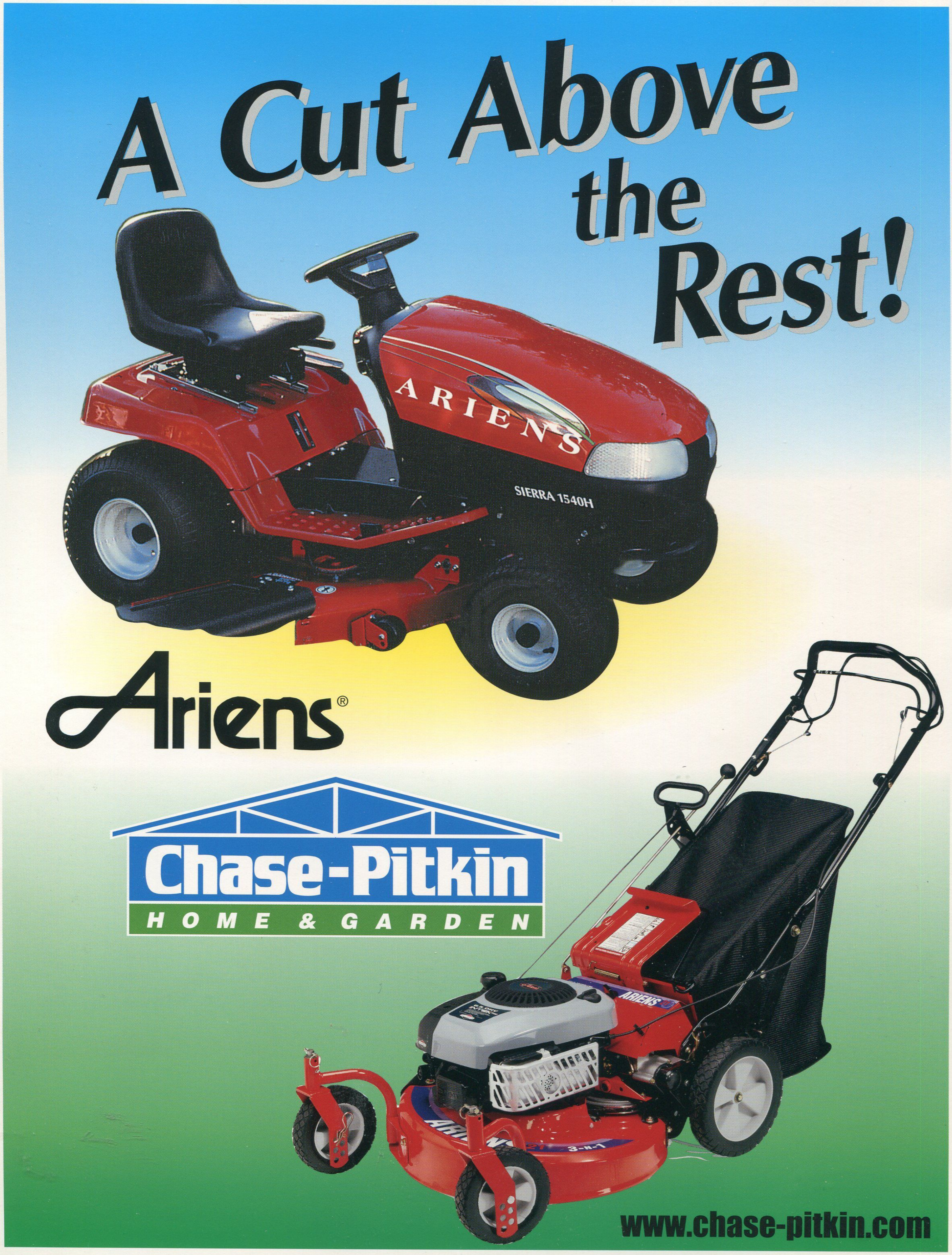
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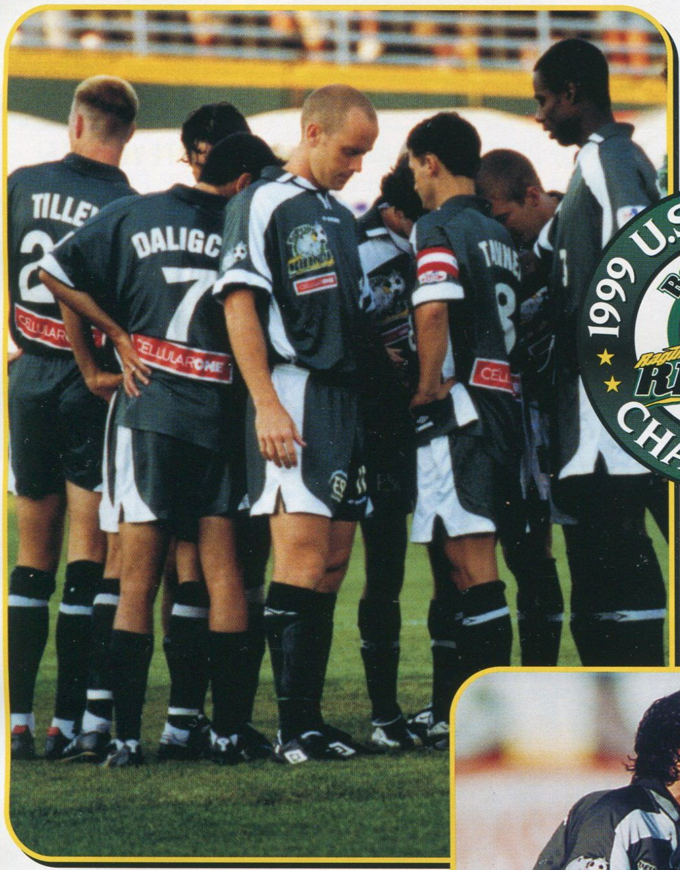
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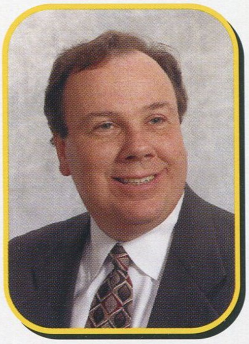
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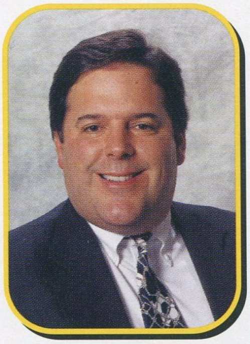
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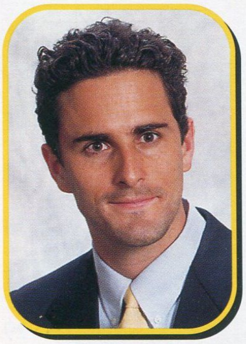
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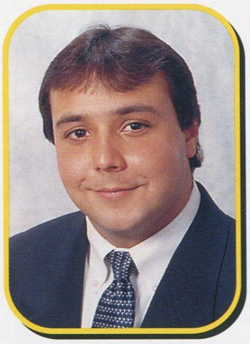
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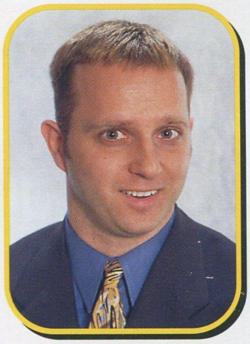
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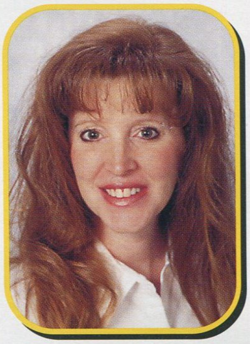
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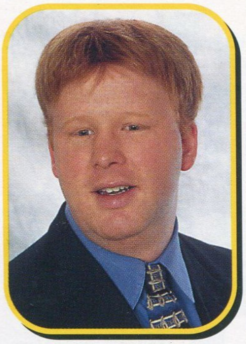
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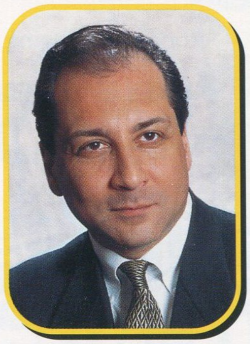
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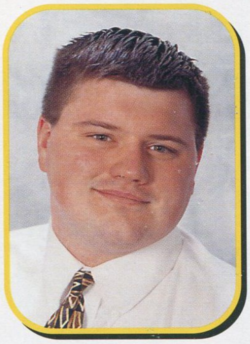
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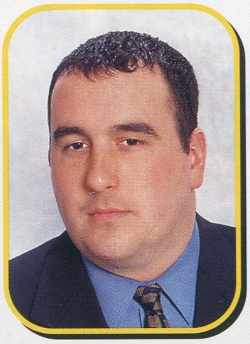
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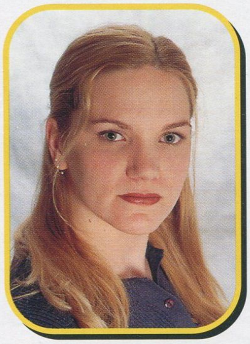
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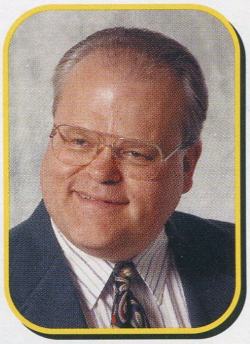
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2000 RHINOS Soccer CAMP

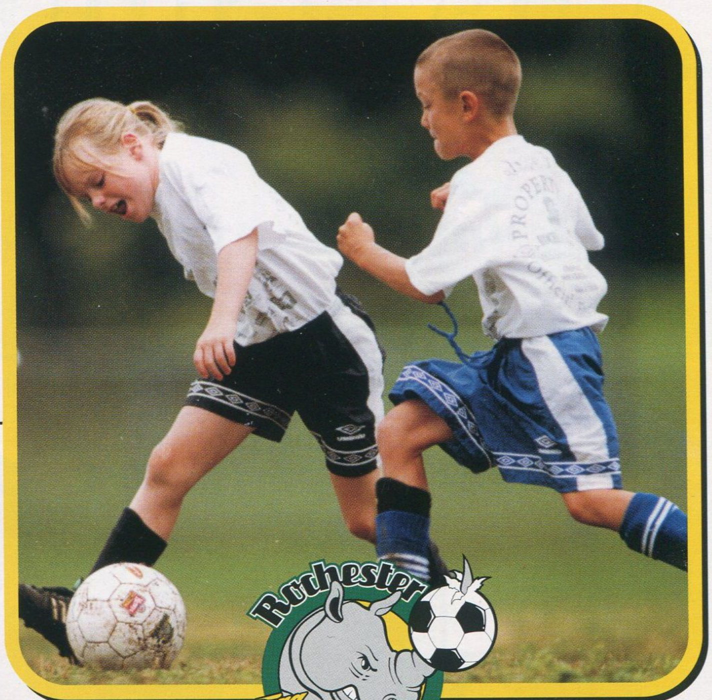


Photo by: James D. Lathrop

CAMP LOCATIONS

1	JUNE 26-30	MARCUS WHITMAN H.S.
2	JULY 10-14	GREECE ATHENA H.S.
3	JULY 10-14	WAYNE CENTRAL H.S.
4	JULY 17-21	MINERVA-DELAND SCHOOL
5	JULY 24-28	WEBSTER/PENFIELD
6	JULY 31-AUG 4	ALLENDALE-COLUMBIA
7	AUGUST 7-11	GREECE ATHENA H.S.
8	AUGUST 14-18	KODAK (ELMGROVE)

CALL 454-5425 FOR MORE INFO

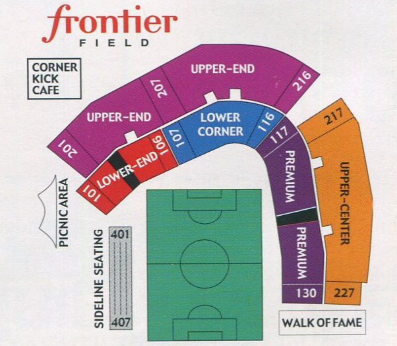
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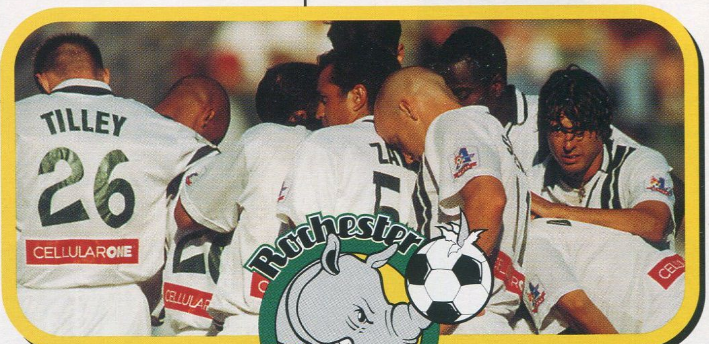


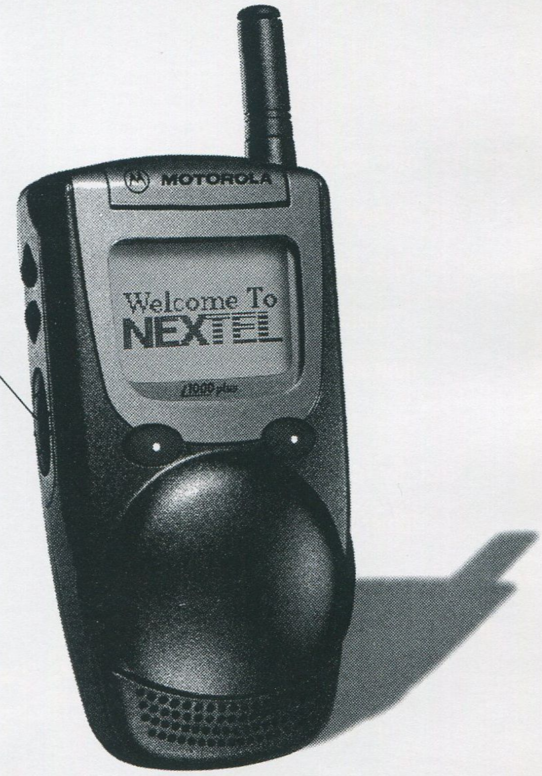
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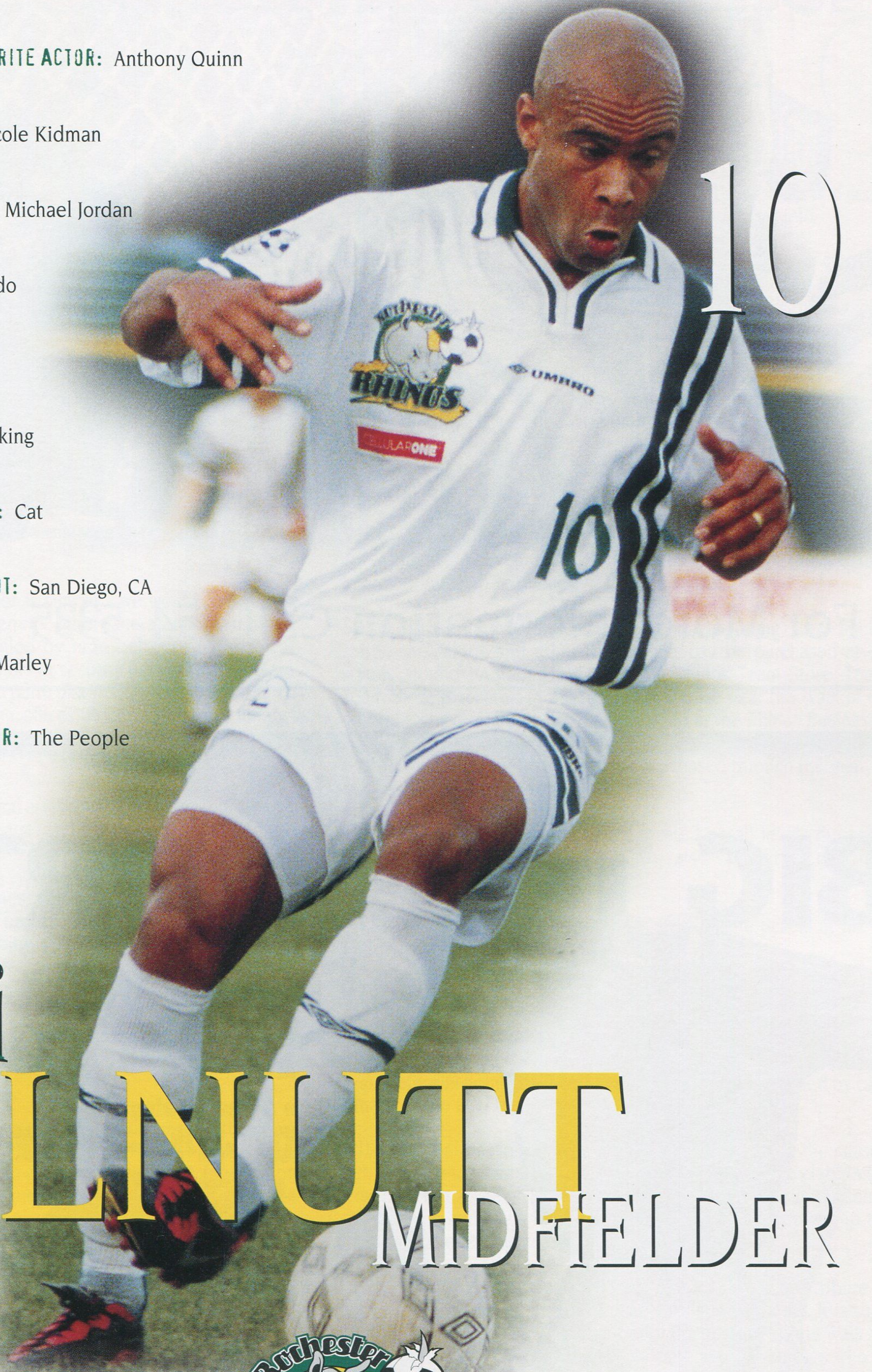
HOBBIES: Cooking

PETS: Cat

FAVORITE VACATION SPOT: San Diego, CA

FAVORITE BAND/MUSICIAN: Bob Marley

FAVORITE THING ABOUT ROCHESTER: The People



10

Yari ALLNUTT

MIDFIELDER

Photo by: Jerome Davis

RHINOS FAN GUIDE TO YOUR SOCCER GAME NIGHT ENJOYMENT

For Your INFO

ACCESS: Frontier Field is easily accessible from route I-490; Exit from east or west bound I-490 onto Plymouth Avenue. The Main Gate and Ticket Office are located along Morrie Silver Way.

ATM: An Automated Teller Machine is available for use at Frontier Field.

CAMERAS: Fans may bring cameras or camcorders into Frontier Field for their personal use. However, we ask that you do not block anyone else's view of the game, or use flash attachments at any time.

COMMUNITY APPEARANCES: The Rhinos welcome the opportunity to speak to your group. The Rhinos Community Relations Department schedules appearances by players, members of the front office and the team mascot. Contact the Rhinos Community Relations Department for more information.

CONTAINER POLICY/ALCOHOL: Containers with food and/or beverages may not be brought into Frontier Field. Food and drinks are sold throughout the stadium for your enjoyment.

EMERGENCY PHONE CALLS: Guest Services is available as a service to fans expecting emergency phone calls. Fans may leave their seat locations with Guest Services and they will be then contacted with the message. Due to the many requests, public address, medical emergency,or video board paging is not permitted.

FAN BEHAVIOR: Our code of behavior is simple - we would like you to enjoy the game in a manner that permits other fans around you to do the same. If your enjoyment is curtailed by rude behavior of fans near you, please report the problem to ushers or security personnel. If you are unsatisfied with the handling of a particular situation, we want to hear from you. Please call or write our offices, Rochester Raging Rhinos, 333 N. Plymouth Avenue, Rochester, N.Y. 14608. The phone number is (716) 454-KICK

FIRST AID: For those requiring medical assistance for any reason, contact your section's usher or security personnel and they will escort you to the Frontier Field aid station.

GAME TIMES: All Rhinos home games will begin at 7:35 p.m., except Sunday and Monday games, which begin at 6:05 p.m. Check with the Frontier Field ticket window for exhibition/playoff game times. The gates to Frontier Field open one hour before game time. Both teams have a 20 minute warm-up session about 40 minutes before each game.

GROUP TICKETS: The Rhinos have special discounts available for group and multi-game purchases. Contact the Rhinos Group Sales Department at (716) 454-KICK.

GUEST SERVICES: The Guest Services Booth is located on the Main Concourse near the Main Gates and operates from the time the Stadium opens until after the game ends. Fans may obtain information and assistance, offer suggestions or register complaints at the Guest Services Booth.

HANDICAPPED SEATING: Handicapped seating is available at Frontier Field. Please contact either the Frontier Field Ticket Office or the Rhinos Office for information and assistance.

LOST AND FOUND: Contact the security person near your section and they will escort you to the Frontier Field Offices.

MAILING ADDRESSES AND PHONE NUMBERS: The Rhinos Offices are located on site at Frontier Field at 333 N. Plymouth Avenue, Rochester N.Y. 14608. Our phone number is (716) 454-KICK, and our fax number is (716) 454-5453. Fan mail for individual players and coaches should be sent to them directly at that address.

PETS: Pets are not allowed at Frontier Field. Guide dogs and seeing-eye dogs are the exception - they are allowed in Frontier Field.

RADIO COVERAGE: WYSL News 1040-am is the flagship station of the Rhinos Radio Network, which covers all home and away games. Don Stevens will be the play-by-play broadcaster. Joe Giuliano will be the color commentator.

RESTROOMS: Restrooms are located on all levels of the Stadium. Diaper changing areas are available in both the men's and women's rooms. A family (unisex) restroom is available in the Main Concourse.

SMOKING: Smoking is only permitted in the designated areas along the Main Concourse.

SPECIAL SERVICES: Frontier Field provides many services and amenities to accommodate the needs of guests with disabilities. Information may be obtained at Guest Services.

SOUVENIRS: Various merchandise items, including hats, t-shirts, golf shirts, sweatshirts and other Rhinos gifts can be purchased at souvenir stands around Frontier Field or at the Rhinos Team Store. The Rhinos Team Store is located in the historic firehouse near the Walk of Fame. In addition, souvenir items can be purchased at the Rhinos Business Offices during regular business hours. The Rhinos also have a merchandise brochure outlining items that can be purchased through the mail. Write or call the Rhinos Office for one.

TELEPHONES: Pay telephones are located on all levels throughout the Stadium. Two TTY telephones are also available on the Main Concourse level.

TICKETS: Rhinos fans may purchase single-game tickets at the Frontier Field Ticket Window or by calling 423-9464.

TICKETS AT FRONTIER FIELD ARE:
$17.50 (Premium) $14.50 (Upper-Center) $13.50 (Sideline & Lower End)
$12.50 (Upper End) $9.50 (Lower Corner)

Senior citizens tickets may be purchased at a $2.00 discount for any regular season home game. Group tickets may be purchased by calling the Rhinos Office at (716) 454-KICK.

TOURS: Frontier Field tours are conducted throughout the season. Fans get a chance to view different areas of the Stadium, the clubhouse, press box and the owner's suite. Fans will also receive information on the construction and the amenities of Frontier Field. Special group tours are also available. Please call (716) 262-2009.

WALK OF FAME: The Frontier Field Walk of Fame is a tribute to fans, players and media throughout Rochester's sports history. It is comprised of panels, each displaying a member of Rochester's Sports Walk of Fame, surrounded by bricks with names of fans and businesses who support Rochester's rich tradition of sports history. Bricks can be purchased at the cost of $100.00 per brick. If interested in getting your name on a brick in the Walk of Fame call (716) 777-9642.

WEB SITE: Visit the Official Rhinos Website at www.rhinossoccer.com for all the latest information and updates on the Rhinos.

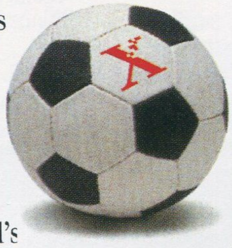


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THE RHINOS GLORIOUS RUN TO...

America's SOCCER TEAM

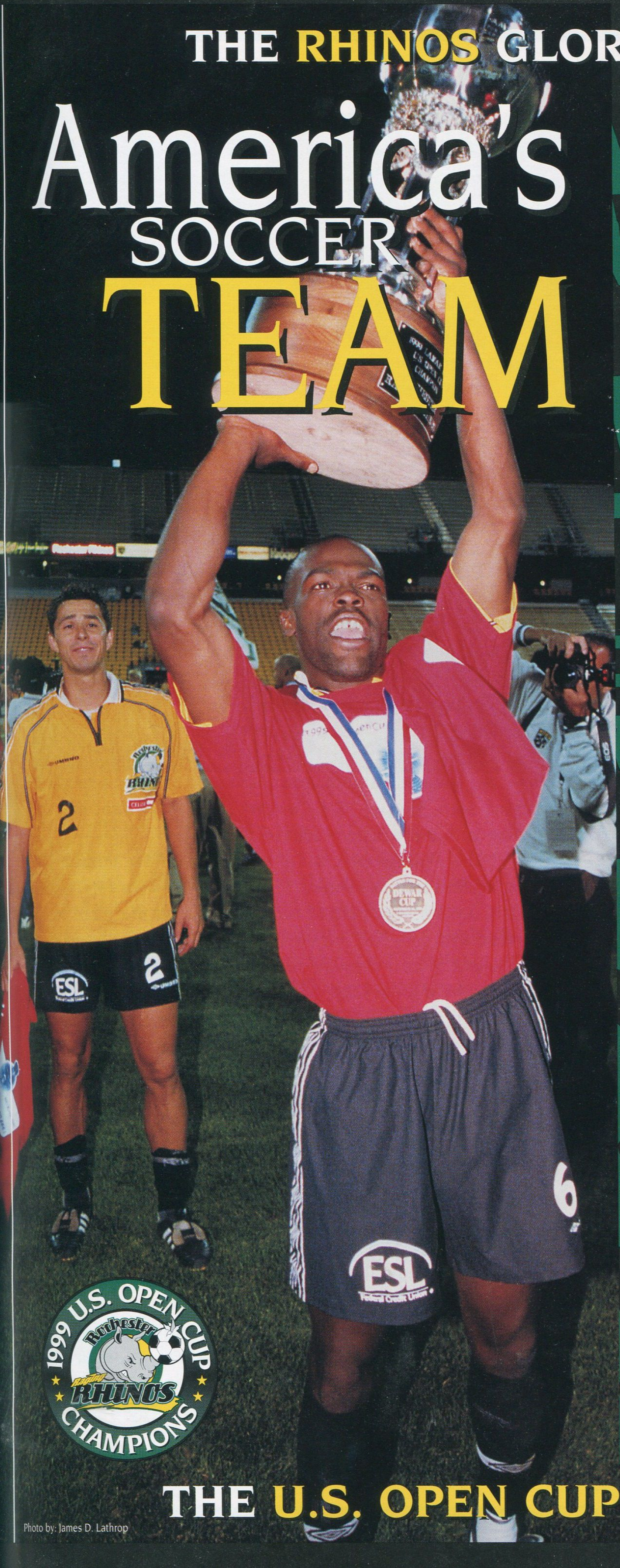


Photo by: James D. Lathrop

One of the greatest upsets in sports history occurred right in our own backyard last summer, and the City of Rochester embraced another championship team. Not since the Rochester Royals NBA championship some 50 years ago has the Flower City welcomed a national team sports champion. The Raging Rhinos professional soccer team has added to Rochester's sports lore.

The U.S. Open Cup tournament is one of the oldest playdown competitions in the United States, having begun in 1914, and is recognized as the United States Soccer Federation's national soccer championship. Entering its 87th year, the U.S. Open Cup Tournament is open to all teams, both professional and amateur.

The grand prize, the Dewar Cup, now known as the Lamar Hunt Trophy, is the original cup and is considered the oldest trophy in team sports in the United States today.

Since the inception of Major League Soccer in 1996, an MLS team has captured the championship every year. For the Rochester Raging Rhinos, the road to the 1999 U.S. Open Cup championship was one filled with excitement, passion and emotion. Defeating four of the MLS' elite teams was a feat that captured the hearts of fans worldwide.

The drive to the championship began on June 30th at Frontier Field against an amateur club from New York City, the Freedom. Unexpectedly, New York proved to be a handful for Rochester despite playing a man down for most of the match. After a hard fought first half, in which the teams battled to a scoreless tie, the Freedom silenced the Frontier Field crowd by taking a 1-0 lead in the 57th minute when Rodney Rambo stole the ball and chipped a shot over goalkeeper Billy Andracki.

Rochester scored the equalizer just five minutes later when Mauro Biello scored off a one-touch pass from Doug Miller. Neither team was able to end the game in regulation or the first overtime. However in the 109th minute of the match, Darren Tilley's header off a corner kick taken by Biello found the back of the net and the Rhinos escaped Round Two of the tournament with a 2-1 overtime win.

THE U.S. OPEN CUP CHAMPIONSHIP

THE RHINOS GLORIOUS RUN TO THE U.S. OPEN CUP CHAMPIONSHIP



Photo by: James D. Lathrop

ANDREW RESTREPO CELEBRATES WITH THE RAISING OF THE CUP

Rochester advanced to the third round of the tournament, and on July 14th hosted the defending U.S. Open Cup and MLS champion Chicago Fire in front of 10,107 at Frontier Field. In a highly anticipated match between the defending league champions, Rochester outplayed Chicago for most of the first half, just missing on several scoring opportunities, but the two powerhouses played to a scoreless tie after 45 minutes

In the second stanza, Rhino midfielder Yari Allnutt slipped between two Fire defenders and headed the ball past All-League goalkeeper Zach Thornton in the 51st minute to give Rochester a 1-0 lead. Although the Rhinos lost defender Scott Schweitzer in the 76th minute for getting in an altercation with Lubos Kubik, Rochester's stifling defense would hold off Chicago for the remaining 14 minutes as the Rhinos faithful witnessed yet another milestone in Rochester soccer history.

Like a boxer getting stronger with every round, the Rhinos welcomed the Dallas Burn to Frontier Field on August 11th for the U.S. Open Cup Quarterfinals. It was the second time the Rhinos faced a former Open Cup champ as the Burn captured the title in 1997.

This match began with a different intensity as the Rhinos playing style was described by Dallas Head Coach Dave Dir like "11 Dennis Rodman's" earlier in the week. Rochester refused to back down, even after a Burn forward charged into keeper Pat Onstad, knocking him out at halftime with a concussion and thigh bruise.

The Rhinos took a 1-0 lead in the 71st minute as Mauro Biello's left foot redirected Tim Hardy's shot from the left side. Rochester couldn't hold the lead as the Burn tied the score with just five minutes left in regulation when Paul Broome put a ball through to Jason Kries, who beat Billy Andracki with a great shot.

But the "Miracle on Plymouth Avenue" continued as Mike Kirmse notched the game winner in overtime on a rebound off the crossbar in a scramble in front of the Burn goal. The Burn crashed, and the Rhinos marched into the U.S. Open Cup semi-finals for the second time in four seasons.

The Rhinos traveled to the Virginia Beach SportsPlex in Hampton Roads, Virginia to face the Columbus Crew in a Cup doubleheader. The real opponent was Hurricane Dennis, whose 60 mph wind gusts during the match forced Coach Ercoli into a strategy session - go against the wind in the first half, then let the hurricane push the Rhinos to victory in the second half.

Rochester shocked the soccer world again, rallying from a one goal deficit to score two goals in the final four minutes of the match to advance to the U.S. Open Cup Finals for the second time in the club's four-year history.

THE U.S. OPEN CUP CHAMPIONS ROCHESTER RAGING RHINOS



Photo by: James D. Lathrop

Tilley scored the first Rhino goal, and Scott Schweitzer knotted the match at 2-2 with a 25-yard free kick in the 86th minute. With the game in stoppage time, defender Tim Hardy took a right-footed shot from the top of the box to beat Columbus goalkeeper Mark Dougherty and the Rhinos once again stunned an MLS opponent with a 3-2 win over the Crew. Rochester was on its way to the final match for America's soccer championship.

In the Rhinos history book, September 14, 1999 is circled with an exclamation point. Over 2,000 Rhinos fans made the trip to Crew Stadium in Columbus, Ohio to witness Rochester sports history. In front of a national television audience on ESPN, the Rhinos met the Colorado Rapids for the U.S. Open Cup championship.

Colorado took the play to the Rhinos for the better part of the first half, just missing on several good scoring chances and outshooting Rochester 10-3. But the Rhinos began to take charge in the second half. With the two teams locked in a scoreless tie, Bill Sedgewick chased down a loose ball in the corner and fed a pass to Doug Miller. Miller controlled the ball and snuck a left-footed shot through the legs of Rapids keeper Ian Feuer for a 1-0 lead. Rhinos goalkeeper Pat Onstad made the goal stand up as he robbed Rapids high scoring forward Jorge Dely Valdes with about two minutes left in regulation.

In the 90th minute, the Rhinos would add an insurance goal, as Carlos Zavala sent a cross to Mike Kirmse, who flicked it on to Yari Allnutt. Allnutt snapped a shot past Feuer, and the celebration began, in Crew Stadium, at home in Rochester and across the United States. David had beat Goliath. The little guy beat up the bully. The Rhinos were national champions.

Rhino fans stormed the field as the players paraded the Cup around the stadium. Rochester became the first A-League team to win the U.S. Open Cup championship since the MLS was allowed to participate in 1996. At home in Rochester, the Rhinos were the talk of the town. SoccerTown, U.S.A.

WRITTEN BY ERIC TRENDEL



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FAVORITE MOVIE: Good Will Hunting

FAVORITE ACTOR: Jack Nicholson

FAVORITE ACTRESS: Julia Louis Dreyfuss

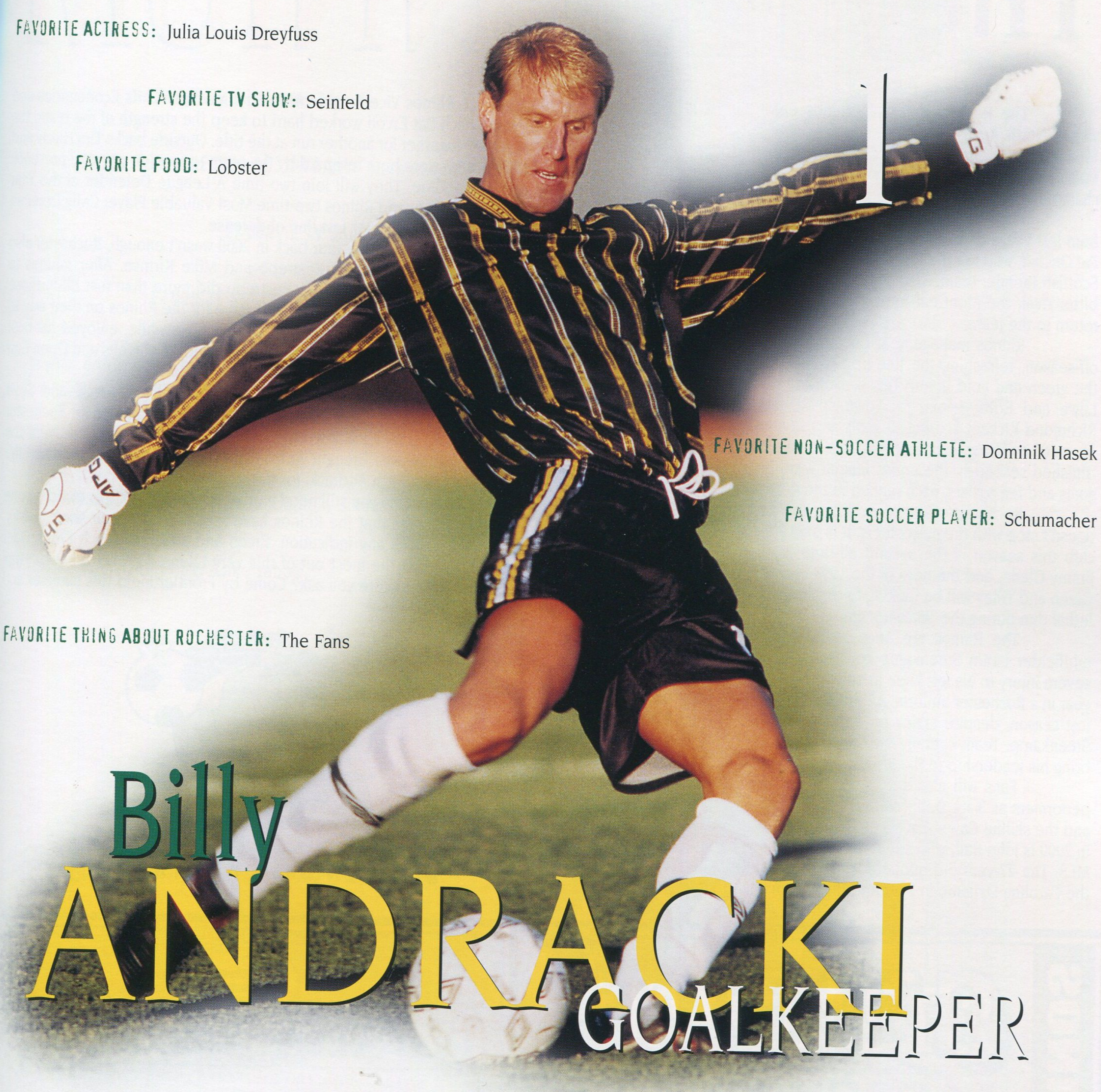
FAVORITE TV SHOW: Seinfeld

FAVORITE FOOD: Lobster

FAVORITE NON-SOCCER SPORT TO PLAY: Golf

FAVORITE VACATION SPOT: Hilton Head, S.C

1



FAVORITE NON-SOCCER ATHLETE: Dominik Hasek

FAVORITE SOCCER PLAYER: Schumacher

FAVORITE THING ABOUT ROCHESTER: The Fans

Billy ANDRACKI

GOALKEEPER

Photo by: James D. Lathrop

Into The MILLENNIUM

The Rochester Raging Rhinos enter the 2000 season with a vision. North America's premier professional soccer team rolled to the 1998 A-League championship and then beat the odds, along with four Major League Soccer teams, to capture the Lamar Hunt U.S. Open Cup championship in 1999. Now the vision includes that elusive "double".

The Rhinos enter this season having experienced some turnover from last year's club. Gone is former First Team All A-League goalkeeper Pat Onstad, who left the Rhinos after last season to join Dundee United, a Scottish Premier team. Also gone is Mauro Biello, who rejoins the Rhinos bitter rival, the Montreal Impact. Fan favorite Doug Miller also will not return to the team.

Rhinos management once again did their homework over the off-season, refreshing the line-up with a younger, sleeker look. New to the green and gold lineup this season are high scoring forwards Onandi Lowe and Eddy Sebrango. Lowe spent the 1999 campaign with the Richmond Kickers, scoring 15 goals and seven assists for 37 points in just 16 matches. Sebrango, entering his second season of A-League play, finished second in the entire league with 46 points last season. His 18 goals and ten assists, each ranked in the A-League's top five.

Rochester's ability to score goals from the forward position doesn't stop with the newcomers. It is only strengthened. Returning to the club this season is the second all-time leading scorer in team history, Jimmy Glenn, and the hero of the 1998 championship club, Darren Tilley. Glenn and Tilley will be looking to regain the form that made them such a lethal duo during the '98 campaign.

The Rhinos are once again strong in the midfield. Popular midfielder Lenin Steenkamp continues to rehabilitate after suffering a severe injury to his left knee in early June. Yari Allnutt is back for his third year in a Rochester uniform. Allnutt finished fourth on the team in scoring last season, despite taking on a more defensive role after the injury to Steenkamp. Team captain and "original Rhino" Tommy Tanner will again bring his leadership to the Rhinos midsection.

Fans will also get to see two of Rochester's more underrated performers as Nate Daligcon and Bill Sedgewick return to Frontier Field, and the skillful Carlos Zavala also returns. New to the Rochester midfield in 2000 is John Ball, who spent the '99 season with the Chicago Fire of the MLS. The 27-year old midfielder played for the Connecticut Wolves and the Carolina Dynamo in 1997 and the Staten Island Vipers in 1998.

Rhinos Vice President/General Manager Chris Economides and Head Coach Pat Ercoli worked hard to keep the strength of the team, the defense, together for another run at the title. Outside backs Tim Hardy and Mali Walton were both resigned by the team to provide physical presence on the backline. They will join two-time A-League Defender of the Year Scott Schweitzer and Rhinos two-time Most Valuable Player Craig Demmin to form a "major league" last line of defense.

If having those four back in 2000 wasn't enough, Rochester also returns defenders Andrew Restrepo and Mike Kirmse. After injuries to Schweitzer and Demmin in '99, Restrepo did more than just fill-in those big shoes, as he became a defensive force for the Rhinos on their way to the U.S. Open Cup championship. Kirmse, meanwhile, enjoyed his best season, leading the team with ten assists including playoffs and Open Cup tournament matches.

Guarding the goal for Rochester is Billy Andracki and Scott Vallow. Andracki, another "original Rhino," played key roles for Rochester recording two U.S. Open Cup victories in '99 and adding two more in the playoffs. Vallow was brought in from the U.S. Pro-40 team to share the backstop duties with Andracki for the summer.

Of course you still need to play the games, but this could be one of the finest units that the Rhinos have assembled in their short history. And if the past is any indication, Ercoli and assistant coach Frank Odoi will certainly get the most out of this very talented group. What can this team do for an encore you ask? Come by Frontier Field this summer and see for yourself.

Rochester Raging Rhinos

WRITTEN BY: ERIC TRENDEL

FAVORITE MOVIE: Usual Suspects

FAVORITE ACTOR: Jack Nicholson

FAVORITE ACTRESS: Meg Ryan

FAVORITE FOOD: Stir Fry

FAVORITE ROCHESTER RESTAURANT: Macaroni Grille

FAVORITE TV SHOW: News

FAVORITE SOCCER PLAYER: Platini

FAVORITE BAND/MUSICIAN: Elvis Costello

FAVORITE NON-SOCCER SPORT TO PLAY: Basketball

HOBBIES: Running and Mountain Biking

FAVORITE VACATION SPOT: Lake Tahoe



7

Nate DALIGCON

MIDFIELDER

Rochester Raging RHINOS

Photo by: James D. Lathrop

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e busi ness (ē´ biz nis) *n., v.* . . . ?

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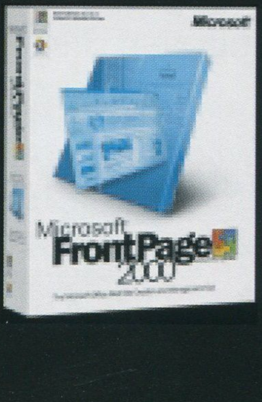
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FAVORITE FOOD: Caribbean Cuisine

FAVORITE TV SHOW: The Practice

FAVORITE BAND/MUSICIAN: Babyface

FAVORITE SOCCER PLAYER: Maradona

FAVORITE NON-SOCCER ATHLETE: Michael Jordan

FAVORITE NON-SOCCER SPORT TO PLAY: Ping Pong

FAVORITE ROCHESTER RESTAURANT: Macaroni Grille

FAVORITE VACATION SPOT: Europe

FAVORITE THING ABOUT ROCHESTER: The Fans



3

Craig DEMMIN

DEFENDER

Photo by: James D. Lathrop

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FAVORITE MOVIE: Braveheart

FAVORITE ACTOR: Jim Carrey

FAVORITE ACTRESS: Meg Ryan

FAVORITE FOOD: Mexican

FAVORITE NON-SOCCER ATHLETE: Barry Sanders

FAVORITE SOCCER PLAYER: Gary Linnekar

FAVORITE BAND/MUSICIAN: Dave Mathews Band

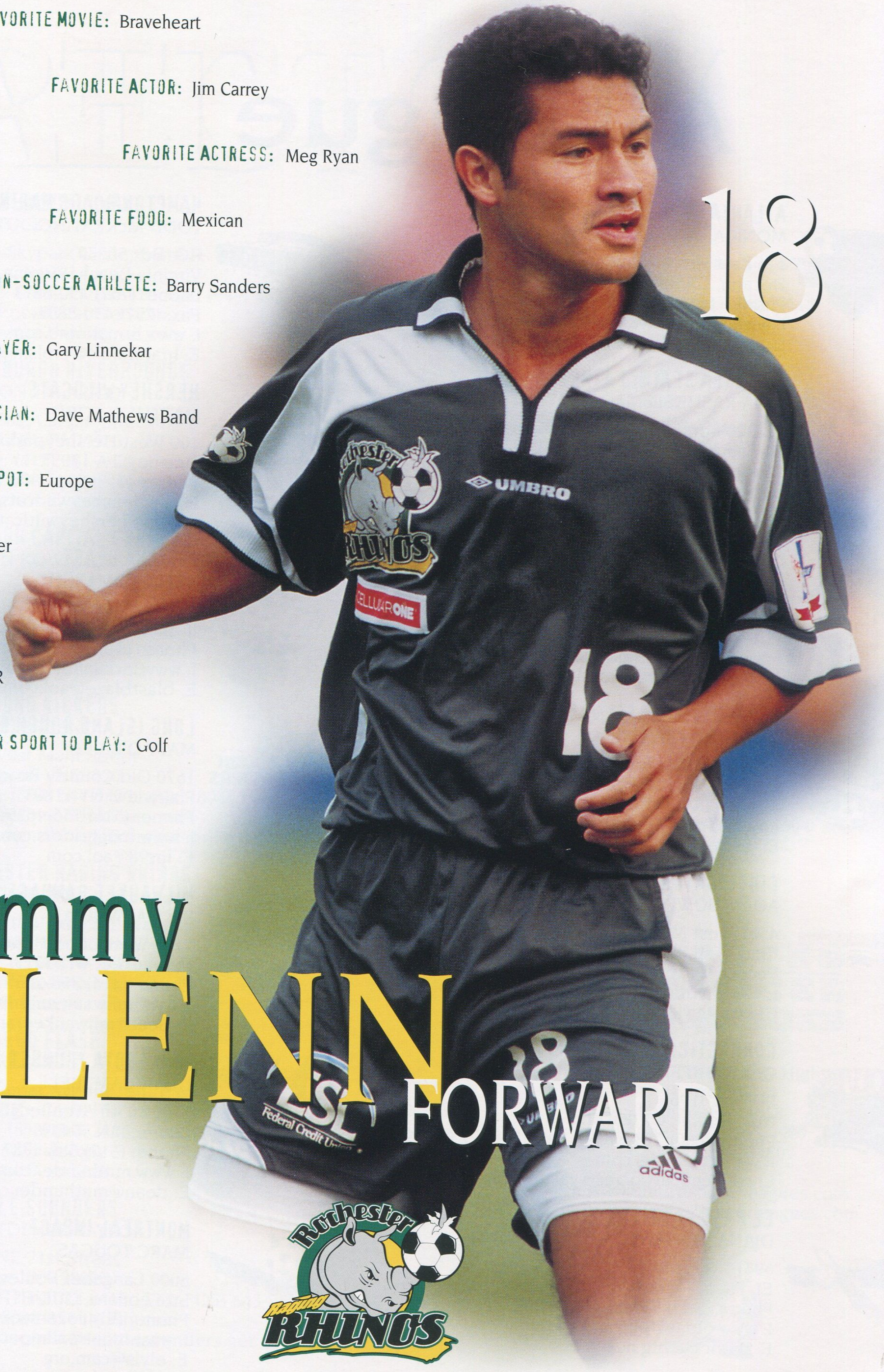
FAVORITE VACATION SPOT: Europe

PETS: Golden Retriever

WIFE: Stacie

FAVORITE TV SHOW: ER

FAVORITE NON-SOCCER SPORT TO PLAY: Golf



18

Jimmy GLENN

FORWARD

Photo by: James D. Lathrop

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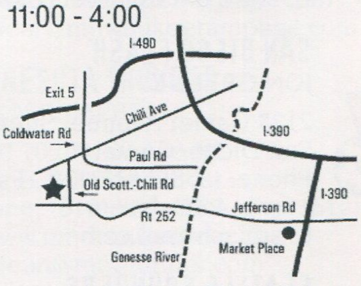
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FAVORITE FOOD: Italian

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FAVORITE SOCCER PLAYER: Maldini

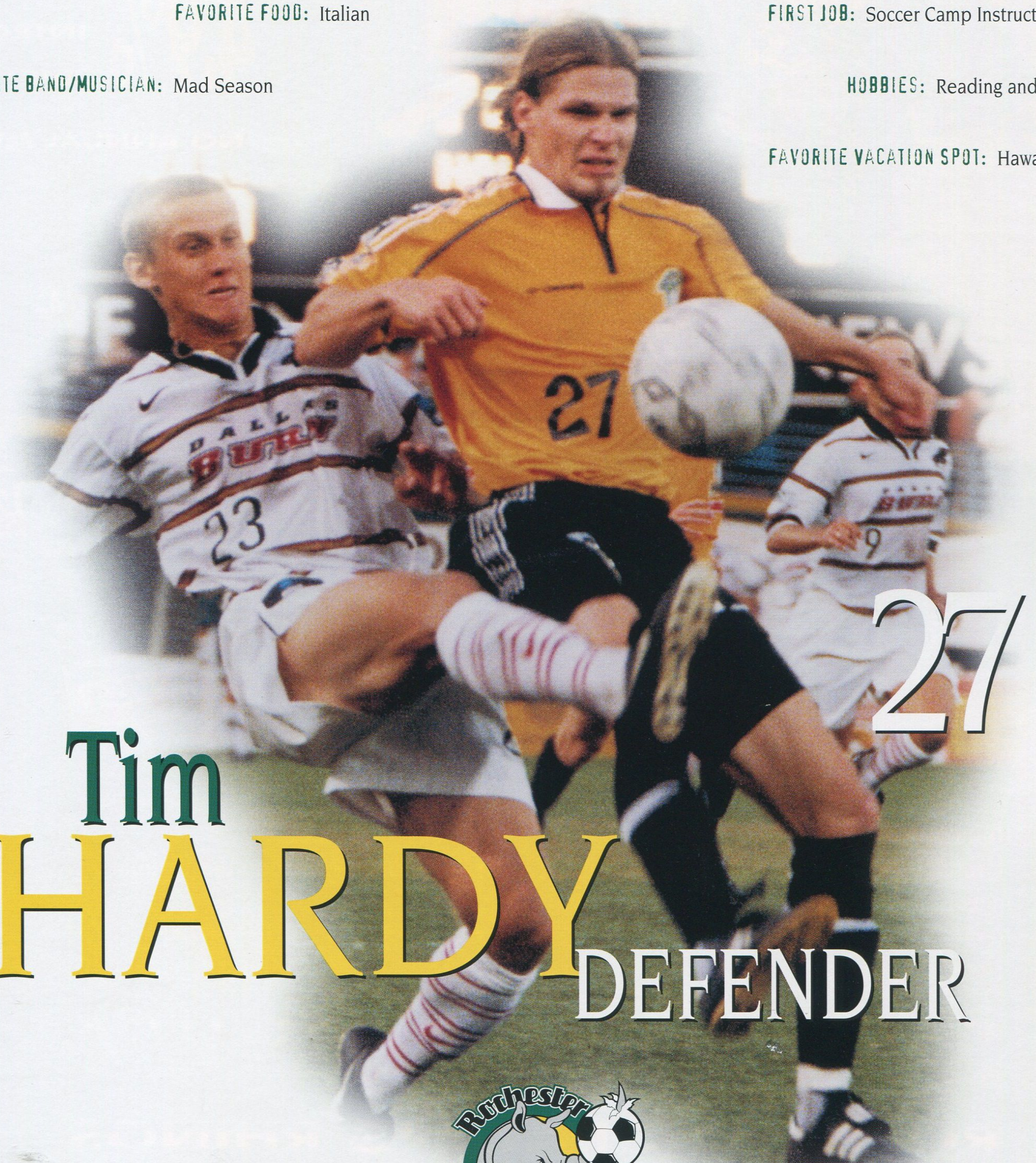
FAVORITE NON-SOCCER ATHLETE: Steve Yzerman

FAVORITE NON-SOCCER SPORT TO PLAY: Skiing

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FAVORITE VACATION SPOT: Hawaii

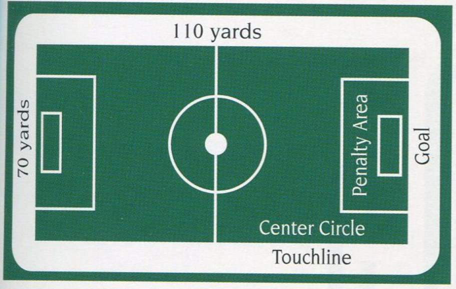


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Tim HARDY

DEFENDER

Photo by: Scott Cordaro



ROCHESTER RAGING RHINOS

Laws Of The GAME

LAW 1: FIELD of PLAY

LAW 2: BALL The ball is made of leather or other safe, approved material: 27 to 28 inches in circumference. 14 to 16 inches, inflated to a pressure of 9.0 to 10.5 psi.

LAW 3: NUMBER of PLAYERS A maximum of 11 players on the field for each team. One of whom must be designated as a goalkeeper. Up to four substitutes may be used by each team.

LAW 4: PLAYERS EQUIPMENT Jersey, shorts, stockings, shinguards and shoes. The goalkeeper's jersey color must distinguish him from other players and the referee. A player may not wear anything dangerous to another player.

LAW 5: REFEREE One referee is appointed for each match. He is responsible for enforcement of the laws; serving as timekeeper; disciplining players; stopping the match if, in his opinion, a player has been seriously hurt; preventing persons other than the players and linesmen from entering the field without his permission. All decisions by the referee are final.

LAW 6: LINESMEN Two linesmen are appointed to assist the referee in controlling the match by indicating offsides when a ball has crossed a touchline and which team should put it into play with a throw-in; when a ball has crossed a goal line and whether it should be put back into play with a goal kick or corner kick; when an infraction has been committed; and whether a goal has been scored fairly.

LAW 7: DURATION of the GAME Two equal periods of 45 minutes. The referee may extend the time for long or unusual delays, such as injury or time-wasting by a team. (Note: A-League rules call for a sudden-death overtime period when a match is tied after 90 minutes of regulation play.)

LAW 8: START of PLAY The team that wins the coin flip can either choose which end of the field it wishes to defend or take the kickoff. Each team must remain on its own half of the field and the defending players must be a minimum of ten yards away from the ball until it is kicked forward and rolled its full circumference. A goal cannot be scored directly from the kickoff. After a goal, the team scored upon kicks off. After halftime the kickoff is taken by the team that did not kick off to start the game. Drop ball; When the referee stops play for a reason other than a rule infraction or a delay such as a player injury, he restarts play by dropping the ball where the ball was when the play was stopped. A drop ball is not in play until it hits the ground.

LAW 9: BALL IN and OUT of PLAY The ball is out of play when (A) it has completely crossed the goal-line or touchline, whether on the ground or in the air, or (B) the game has been stopped by the referee. The ball is in play at all times from the beginning to the end of a half. including when it remains on the field after striking the referee, linesmen, goal post, crossbar, or corner flag; and after an assumed infringement of the laws, until the referee stops play.

LAW 10: METHOD of SCORING A goal is scored when the whole ball has passed over the goal line, between the goal posts and under the crossbar while it is legally in play.

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LAW 11: OFFSIDE A player is in an offside position if he is nearer to his opponent's goal line than the ball, unless (A) he is in his own half of the field of play, or (B) there are at least two of his opponents as close or closer to their own goal. A player is penalized for being in an offside position only if, at the moment the ball touches or is played by a teammate, he is (in the opinion of the referee) (A) interfering with play with an opponent, or (B) seeking to gain an advantage by being in that position. A player is not declared offside by the referee (A) merely because of his being in an offside position, or (B) if he receives the ball directly from a goal kick, corner kick, or throw-in, or when it has been dropped by the referee.

LAW 12: FOULS and MISCONDUCT A team whose player intentionally attempts or actually kicks, trips, jumps at, charges violently, charges from behind, strikes or spits at, holds or pushes an opponent, or handles the ball is penalized by a direct kick. Any one of these nine offenses committed in the penalty area by a defender results in the awarding of a penalty kick to the attacking team. A team whose player commits less flagrant fouls such as offsides, dangerous play or obstruction is penalized by an indirect free kick. The referee may caution a player (or others) for persistent misconduct, dissent, ungentlemanly conduct or entering the field without permission; the offender is shown a yellow card. The referee also may send off (eject) a player (or others) for foul or abusive language, or persistent misconduct after receiving a caution. The player sent off the field may not be replaced.

LAW 13: FREE KICK A direct free kick from which a goal can be scored directly against the offending team; an indirect free kick from which a goal cannot be scored unless the ball has been touched by another player before entering the goal. In both cases, the offending team's player must be at least ten yards from the ball until the ball has been touched, and the ball must be still. (Note: A-League rules call for defenders to stand at least fifteen yards from the ball on all free kicks.)

LAW 14: PENALTY KICK A direct free kick from the penalty spot. All players except the player taking the kick and the opposing player taking the kick and the opposing goalkeeper must remain outside the penalty area until the ball is kicked. The defending goalkeeper may move laterally along the goal line prior to the striking of the ball, but he may not move forward until the ball is struck by the shooter.

LAW 15: THROW-IN The method for putting the ball back into play after it has wholly passed over the touchline. A player from the team that did not touch the ball last takes the throw-in from the point on the touchline where the ball exited the field; he throws by using both hands to deliver the ball from behind and over his head; a part of each foot is either on the touchline or on the ground outside the touchline. An indirect free kick will be awarded if a goalkeeper picks up the ball with his hands after receiving a throw-in from a teammate.

LAW 16: GOAL KICK The method for putting the ball back into play after it has wholly crossed the goal line after being touched by a player from the attacking team. A player from the team that was defending kicks the ball from his own goal area.

LAW 17: CORNER KICK The method for putting the ball back into play after it has wholly crossed the goal line after being last touched by a player from the defending team. A player from the attacking team kicks the ball from the corner nearest to where the ball exited the field.

FAVORITE MOVIE: Shawshank Redmption

FAVORITE ACTOR: Jack Nicholson

FAVORITE ACTRESS: Sandra Bullock

FAVORITE FOOD: Pizza

FAVORITE TV SHOW: Friends and ER

FAVORITE BAND/MUSICIAN: Pearl Jam

FAVORITE SOCCER PLAYER: Jurgen Klinsmann

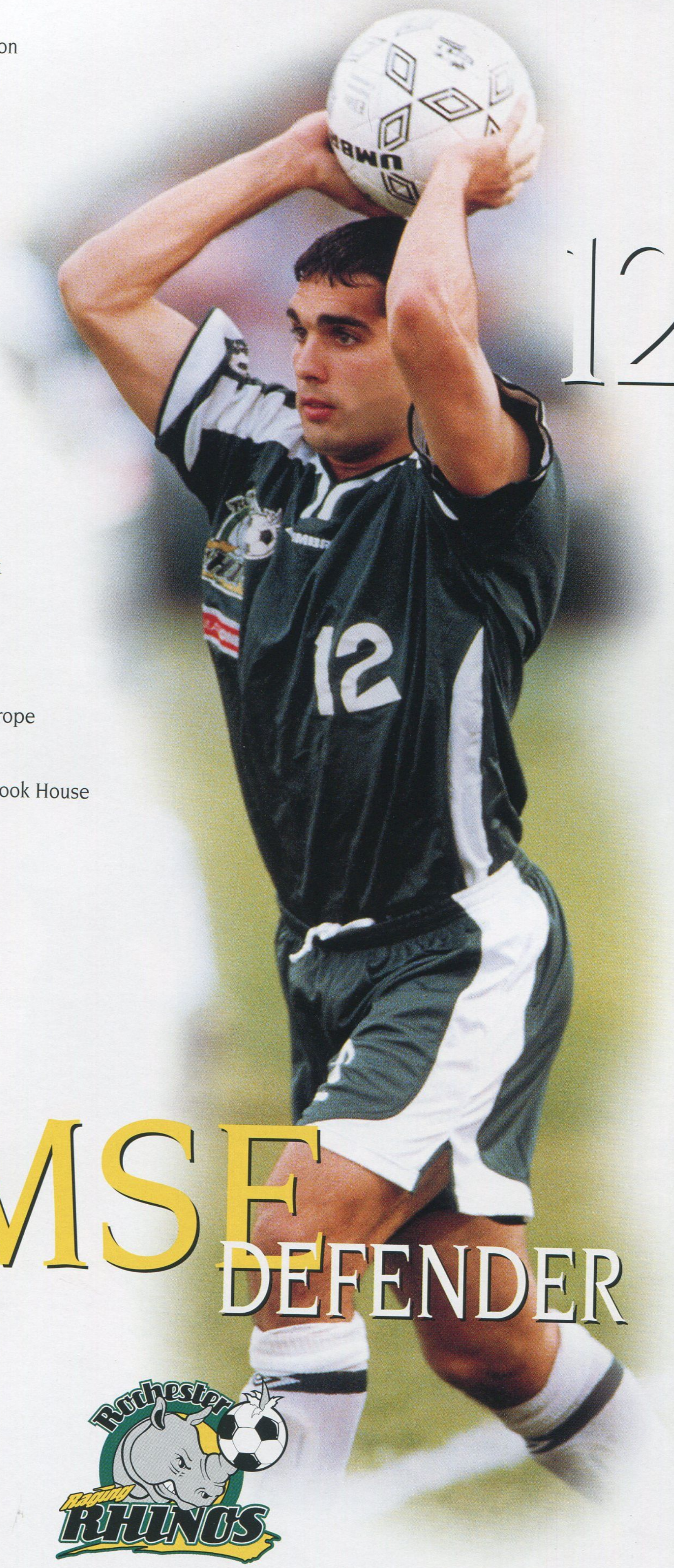
FAVORITE NON-SOCCER ATHLETE: Dominik Hasek

FAVORITE NON-SOCCER SPORT TO PLAY: Golf

FAVORITE VACATION SPOT: Europe

FAVORITE RESTAURANT: Red Feledes Brook House

FAVORITE THING ABOUT ROCHESTER: The Fans

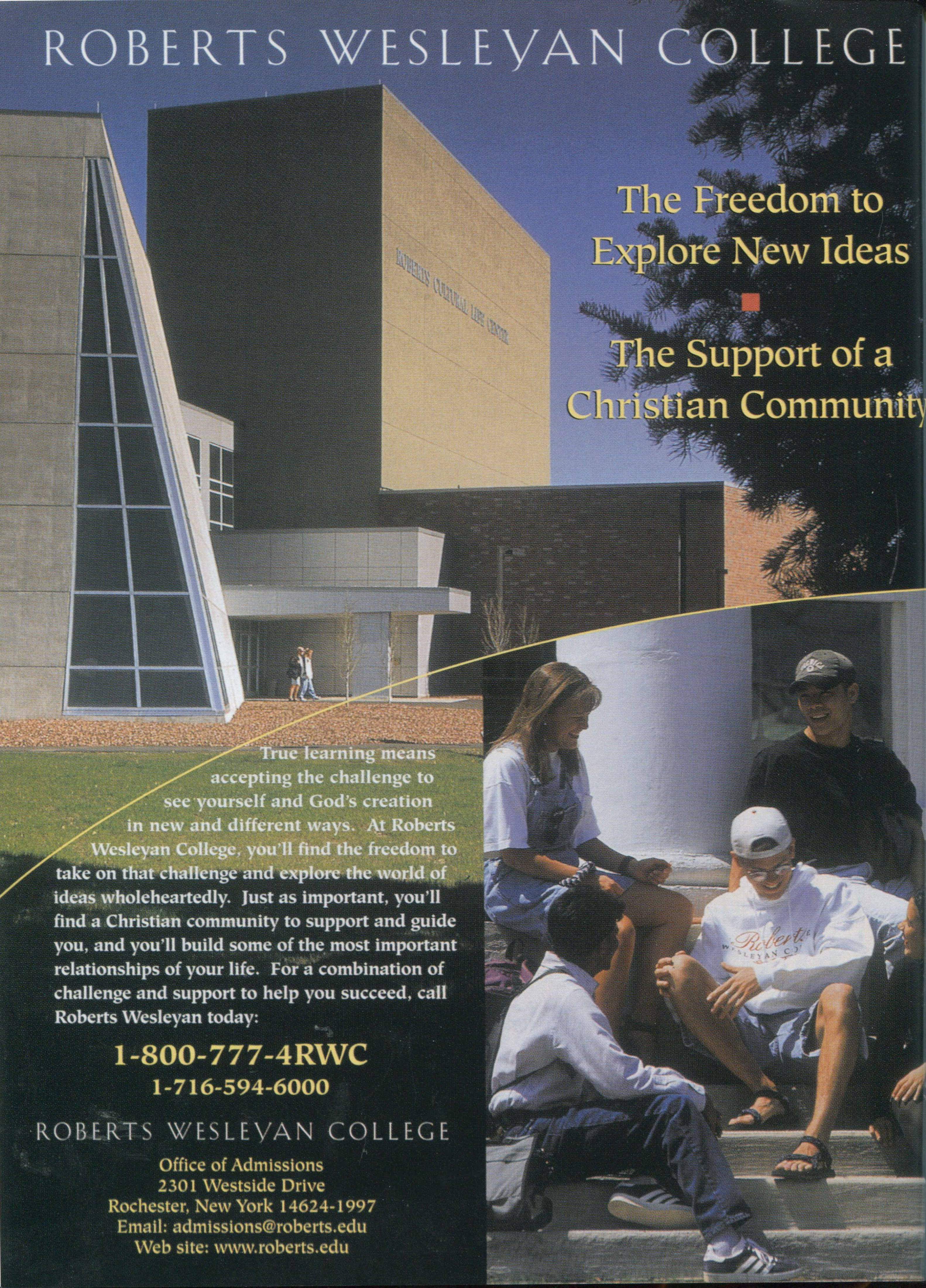


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Mike KIRMSE

DEFENDER

Photo by: James D. Lathrop


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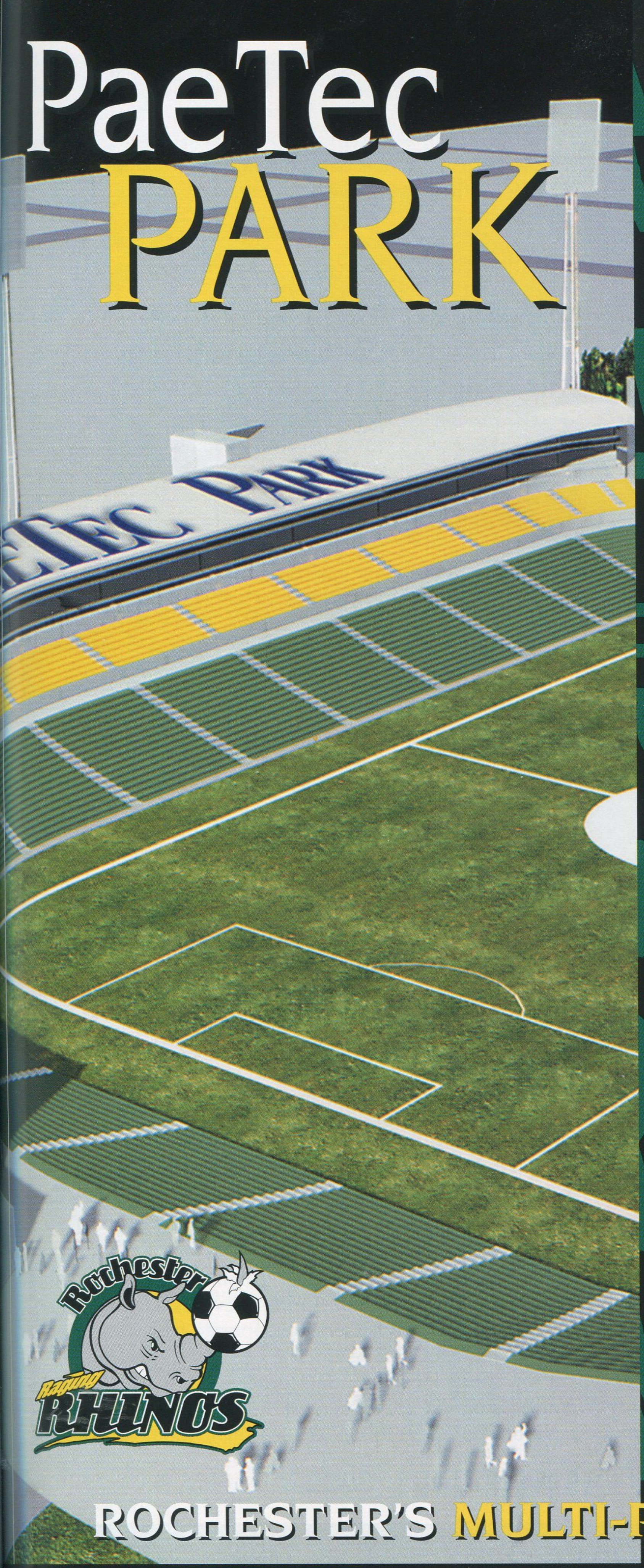
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"We believe the time is now for PaeTec Park", said Rhinos President Frank DuRoss. "In order for this franchise to grow, and quite honestly other sports and entertainment opportunities in this area as well, the stadium is the key to the future. Frontier Field is a wonderful baseball field, and it should stay that way. PaeTec Park will serve the needs of many community organizations, and it will be a jewel among the many entertainment venues across North America."

With the Rhinos representing the primary tenant, the stadium will contain 17,500 permanent seats, 1,250 club seats, 30 luxury suites, as well as a full range of concession and merchandise facilities.

The horse-shoe shaped configuration of the stadium, based on a design by the HOK Sports Facility Group in Kansas City, Missouri, is modeled after stadiums designed in Australia and New Zealand. The open-air feeling of the stadium, along with great sightlines, would lend itself to many entertainment events.

The Rhinos finance plan, produced by Legg Mason Real Estate Services of Philadelphia, includes almost 60% of private funds to develop and construct the stadium. A majority of these private funds will derive from the Rhinos, who will pledge anticipated new stadium revenues which include advertising, premium seating, naming rights and concessions income.

ROCHESTER'S MULTI-PURPOSE STADIUM

THE RHINOS FUTURE...

Private dollars would contribute about $25 million to the stadium's master project budget, and the public sector participation would need to include $18.4 million in grant funding. The total master project budget is $44.1 million, excluding contributions of land acquisition and site improvements.

With the commitment to a new stadium, the Rhinos would intensify their quest for a Major League Soccer franchise. After Rochester's unbievelable run through four MLS teams to capture the Lamar Hunt U.S. Open Cup championship last season, it thrust the Rhinos organization into a national and international spotlight. Building the multi-purpose stadium is the next step in bringing a major league sports team to the Rochester area.

The Rochester Raging Rhinos vision for PaeTec Park, a true community asset, is based on strong, proven business principles and will prove to be a great investment for the future of our community.

THE NAME - PAE TEC PARK

What's a PaeTec Park? Let's start with Arunas A. Chesonis, Chairman and CEO of PaeTec Communications, a business leader with vision and soccer fanatic. PaeTec Communications acquired the naming rights to the multi-purpose stadium back in January and the name PaeTec Park.

An integrated communications provider headquartered in Fairport, New York (a suburb of Rochester), PaeTec Communications offers local and long distance service, high speed Internet access, eCommerce and other data services thoughout the United States.

"All of us at PaeTec are excited to be partnering with such an extraordinary organization like the Rhinos," said Chesonis. "We hope that our role with PaeTec Park will help strengthen our community foundation, and continue to make Rochester a great place to do business and raise a family."

PaeTec Communications acquired the exclusive stadium naming rights for a long-term commitment of over $10 million. PaeTec Park will feature a Skyline Roof Display, which will exhibit the PaeTec logo on the upper exterior of the stadium. The PaeTec Park logo will also be displayed on the marquee on the facade of the stadium and the state-of-the-art scoreboard.

"We are ecstatic that the PaeTec Communications team is joining the Rhinos family," said Rhinos President Frank DuRoss. "Arunas Chesonis shares the same vision that PaeTec Park will be a wonderful asset to the Rochester community."

We can't wait until Brent Musberger says to a national television audience "Your looking live at PaeTec Park".

WHAT PAE TEC PARK WILL MEAN TO THE COMMUNITY

With an estimated 380,000 annual attendance, the multi-purpose venue is expected to host events such as men's and women's high school and collegiate soccer, lacrosse and field hockey, women's professional soccer and high school and college football. Drum and bugle competitions, community events, concerts, youth sporting events and outdoor shows will also be scheduled.

- The project will generate 350-450 construction jobs and would provide approximately $700,000 in state and local taxes in the first year. In the coming years, the stadium will produce even more state and local taxes for the community.
- National and international events coming to Rochester, stimulating hotel, restaurant and shopping business in the metro area.
- Global exposure for national and international sporting events, with United States national teams competing at PaeTec Park in exhibitions and Olympic qualifying competitions.
- Working with local community and charity organizations to host non-sporting events at the stadium. The Rhinos have promised to cooperate with these groups on cost and expenditures for the use of the stadium
- More jobs, including concession, stadium maintenance, grounds crew, parking, office and administration positions both year-round and seasonal. About 125 part-time



staff people will work every event at PaeTec Park.

- It's a quality of life issue with the emergence of "high-tech" businesses in the Rochester area, more jobs are available and more people are investigating moving to the area. Social activities play a big role in family decision-making on where to live. PaeTec Park will provide entertainment opportunities for these families.

PUBLIC ATTITUDES TOWARD A MULTI-PURPOSE STADIUM

The Rhinos commissioned Luntz Research Companies from Washington, D.C. to conduct a poll in the Rochester area to gauge public opinion on PaeTec Park. Some of the results are as follows, courtesy of Luntz Research Companies.

What's surprising is not the number of people who play or follow soccer; it's the number of people who are openly vocal about their support for a multi-purpose stadium.

Overall, 61% support building a multi-purpose stadium in Rochester, using taxpayer's money for up to 40% of the total cost, while only 28% were opposed. Rarely do you find 2 to 1 support for stadium projects.

When told 40% of the money would come from state and local government, the results were virtually the same 60% support and 33% opposed.

It's tough to compare the Raging Rhinos to "Cheers" but it holds true. Almost everyone - 95% - can identify the Rochester Raging Rhinos. Even among non-soccer fans, 93% know of the Rhinos.

83% of those polled believe PaeTec Park will provide "good family-centered entertainment". Almost 67% believe the building of a multi-purpose stadium in Rochester would create significant economic development in the downtown metro area.

1999 U.S. OPEN CUP
Rochester Raging RHINOS
CHAMPIONS

WRITTEN BY STEVE ROSSI

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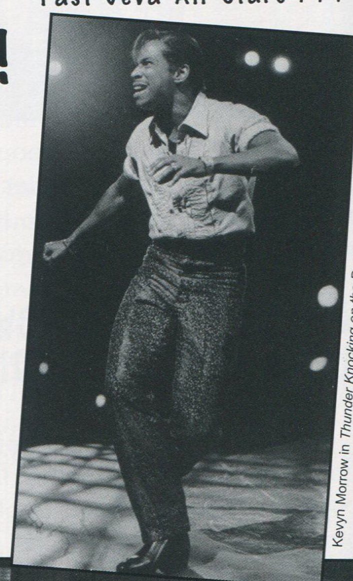
For more information on Geva's 2000/2001 season, including how to become a subscriber, call the Geva Theatre Box Office at

232-Geva

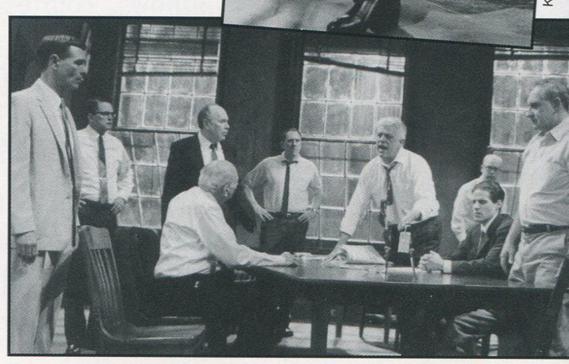
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Steven J. Anderson, Traber Burns, Irwin Charone, Skip Greer, Christopher Gurr, Jerry Lyden, Mark Murphey, Matthew Pomerantz, David Silberman in *Twelve Angry Men*

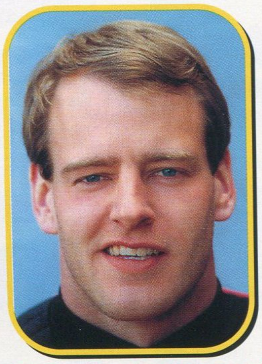
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THE #1 HIT MUSIC STATION!

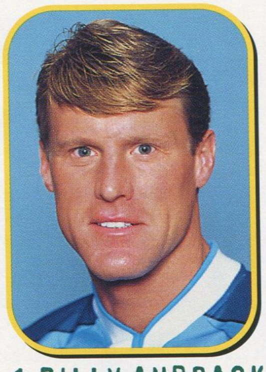
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THE #1 HIT MUSIC STATION!

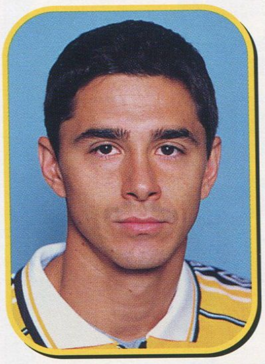
2000 Rochester RAGI



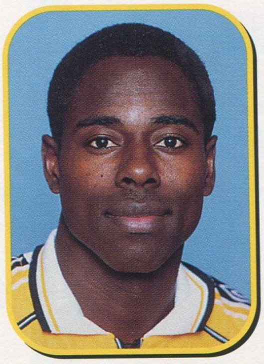
0 RETT THOMPSON
GOALKEEPER
Ht: 6'4" Wt: 200
DOB: 11.17.69 Rochester, NY
'99 Club: Rochester-A



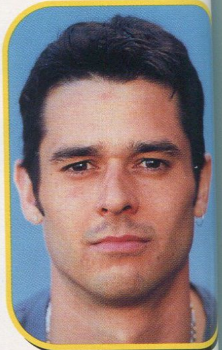
1 BILLY ANDRACKI
GOALKEEPER
Ht: 6'0" Wt: 185
DOB: 05.25.69 Prince William, VA
'99 Club: Rochester-A



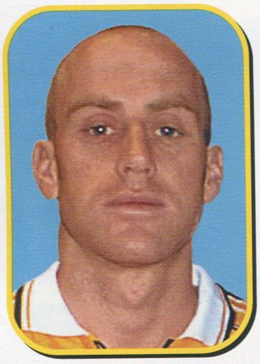
2 ANDREW RESTREPO
DEFENDER
Ht: 6'2" Wt: 180
DOB: 10.08.70 Bridgeport, CT
'99 Club: Rochester-A



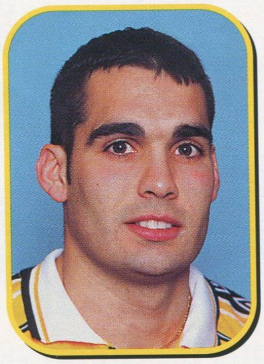
3 CRAIG DEMMIN
DEFENDER
Ht: 6'2" Wt: 185
DOB: 05.21.71 Arima, Trinidad
'99 Club: Rochester-A



4 SCOTT SCHWEIT
DEFENDER
Ht: 5'11" Wt: 150
DOB: 08.12.71 Rahway, NJ
'99 Club: Rochester-A



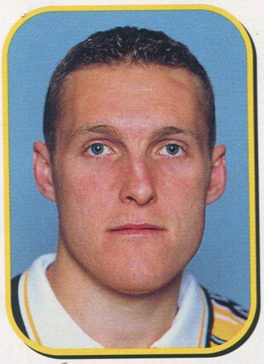
11 BILL SEDGEWICK
DEFENDER
Ht: 6'0" Wt: 185
DOB: 10.02.71 Wheatridge, CO
'99 Club: Rochester-A



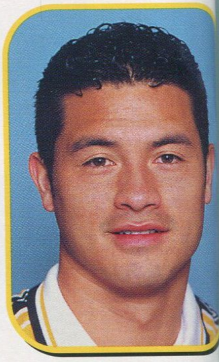
12 MIKE KIRMSE
MIDFIELDER
Ht: 5'10" Wt: 165
DOB: 12.10.72 Long Island, NY
'99 Club: Rochester-A



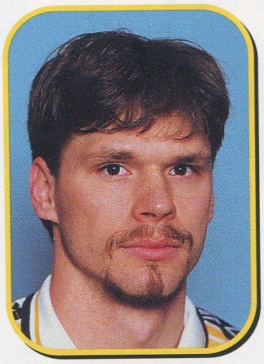
13 JOHN BALL
MIDFIELDER
Ht: 5'10" Wt: 160
DOB: 11.05.72 Waterbury, CT
'99 Club: Chicago-MLS



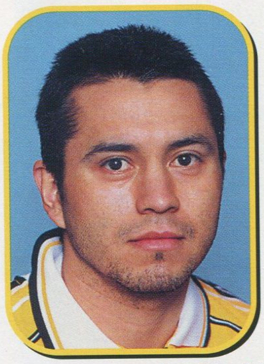
15 MARTIN NASH
MIDFIELDER
Ht: 5'10" Wt: 165
DOB: 12.27.75 Victoria, BC
'99 Club: Vancouver-A



18 JIMMY GLENN
FORWARD
Ht: 5'11" Wt: 180
DOB: 08.09.72 Montery, C
'99 Club: Rochester-A

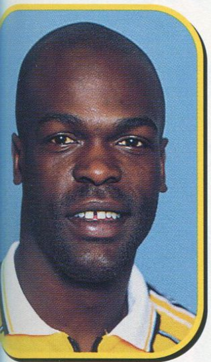


27 TIM HARDY
DEFENDER
Ht: 6'0" Wt: 175
DOB: 02.28.73 Detroit, MI
'99 Club: Rochester-A
Buffalo-NPSL

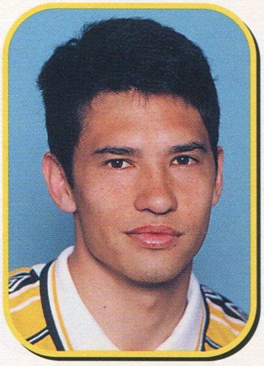


58 CARLOS ZAVALA
MIDFIELDER
Ht: 5'11" Wt: 175
DOB: 06.11.69 Toluca, Mexico
'99 Club: Rochester-A
Buffalo-NPSL

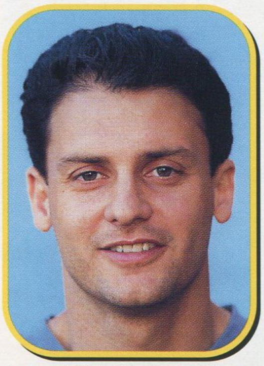
G RHINOS



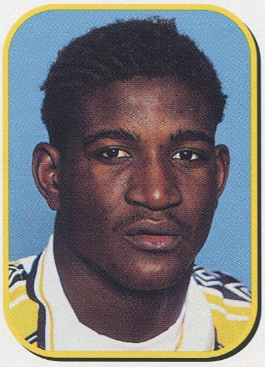
5 MALI WALTON
EFENDER
t: 6'1" Wt: 180
OB: 04.25.72 Flint, MI
9 Club: Rochester-A



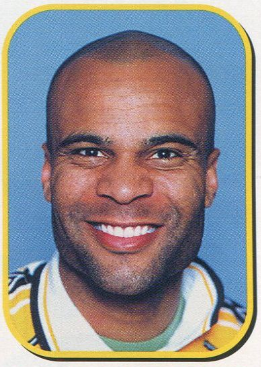
7 NATE DALIGCON
MIDFIELDER
Ht: 5'9" Wt: 145
DOB: 08.09.74 Seattle, WA
'99 Club: Rochester-A



8 TOMMY TANNER
MIDFIELDER
Ht: 5'8" Wt: 150
DOB: 05.10.68 Syracuse, NY
'99 Club: Rochester-A
Cleveland-NPSL



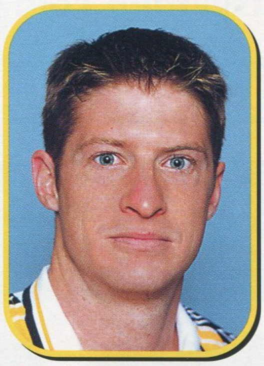
9 ONANDI LOWE
FORWARD
Ht: 6'3" Wt: 195
DOB: 12.02.74 Kingston, JA
'99 Club: Richmond-A



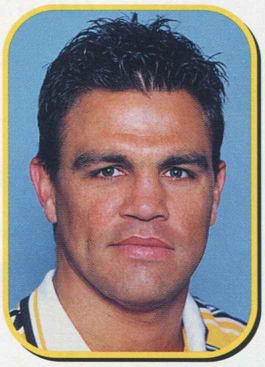
10 YARI ALLNUTT
MIDFIELDER
Ht: 5'11" Wt: 170
DOB: 02.17.70 Baltimore, MD
'99 Club: Rochester-A



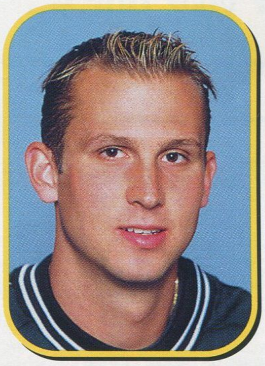
0 EDUARDO SEBRANGO
ORWARD
6'1" Wt: 178
B: 04.13.73 Sancti Spiritus, Cuba
Club: Vancouver-A
Montreal-NPSL



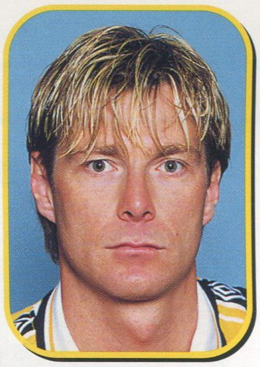
21 JOE MERCIK
DEFENDER
Ht: 6'1" Wt: 170
DOB: 02.17.75 Rochester, NY
'99 Club: Rochester-A



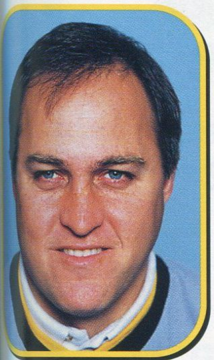
23 LENIN STEENKAMP
MIDFIELDER
Ht: 6'0" Wt: 180
DOB: 09.09.69 Durban, South Africa
'99 Club: Rochester-A



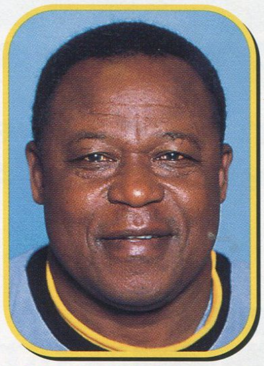
24 SCOTT VALLOW
GOALKEEPER
Ht: 6'3" Wt: 195
DOB: 06.08.77 Modesto, CA
'99 Club: U.S. Pro-40



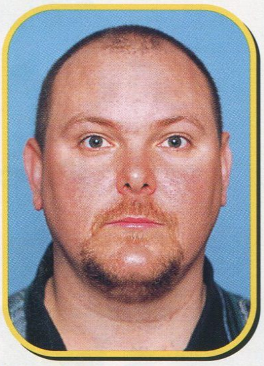
26 DARREN TILLEY
FORWARD
Ht: 6'3" Wt: 185
DOB: 03.15.67 Keynsham, England
'98 Club: Rochester-A



PAT ERCOLI
HEAD COACH



FRANK ODOI
ASSISTANT COACH



MIKE KATZ
HEAD TRAINER

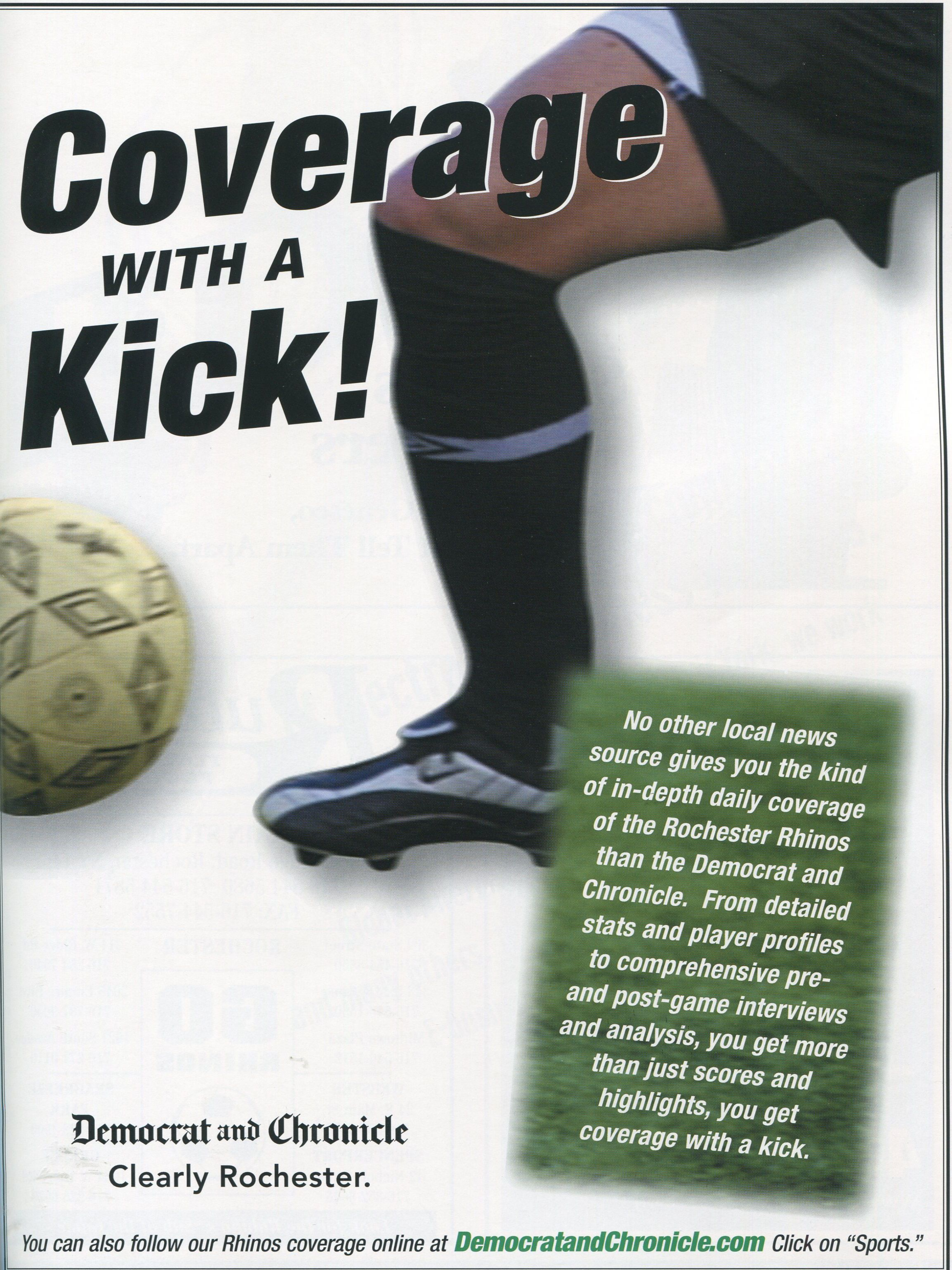

Coverage
WITH A
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No other local news source gives you the kind of in-depth daily coverage of the Rochester Rhinos than the Democrat and Chronicle. From detailed stats and player profiles to comprehensive pre- and post-game interviews and analysis, you get more than just scores and highlights, you get coverage with a kick.
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Clearly Rochester.
You can also follow our Rhinos coverage online at DemocratandChronicle.com Click on "Sports."

Photo by: Jerome Davis

FAVORITE FOOD: Home Cooking

FAVORITE SOCCER PLAYER: Franz Beckenbauer and Andres Escobar

FAVORITE NON-SOCCER ATHLETE: Derrick Brooks

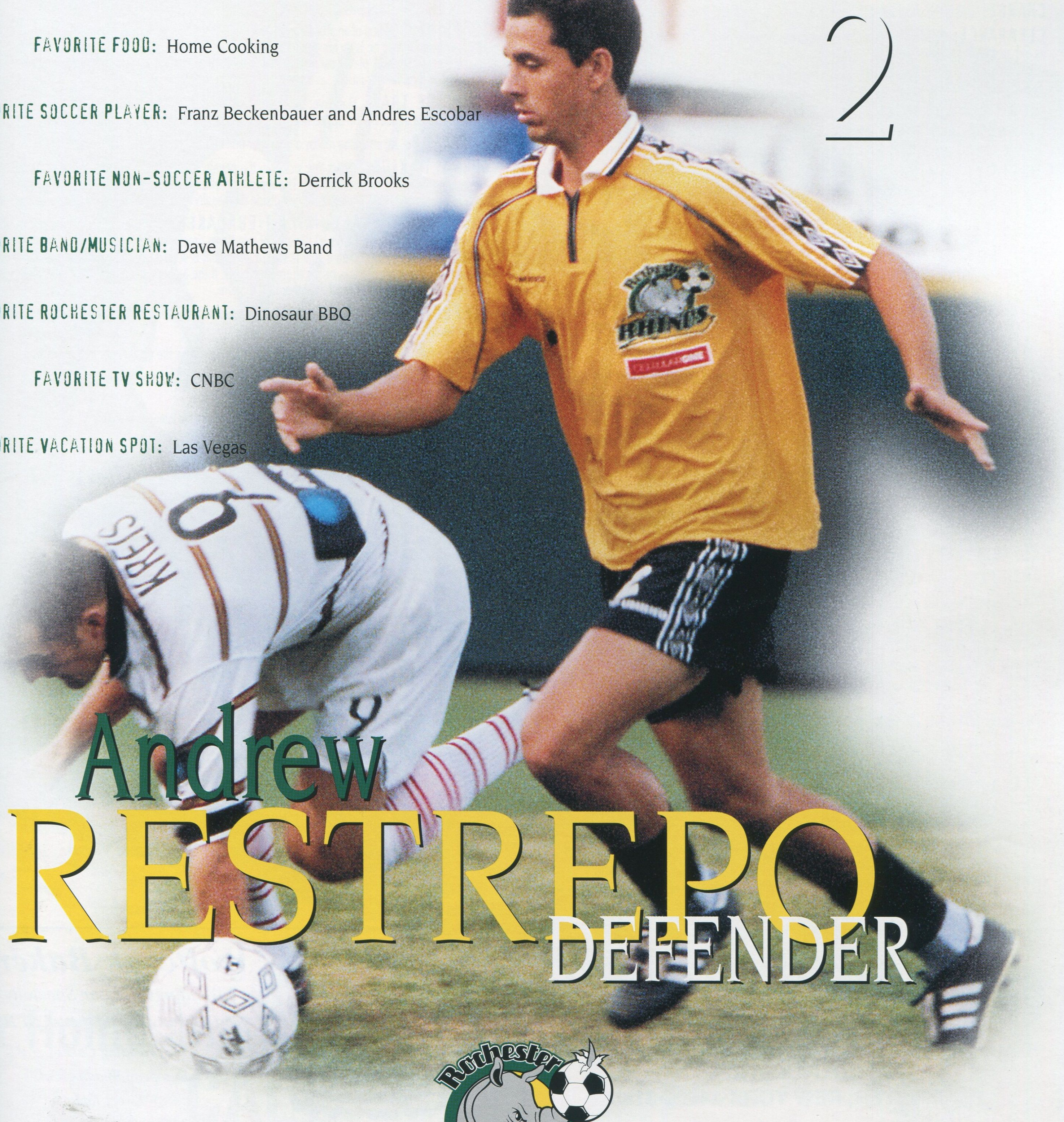
FAVORITE BAND/MUSICIAN: Dave Mathews Band

FAVORITE ROCHESTER RESTAURANT: Dinosaur BBQ

FAVORITE TV SHOW: CNBC

FAVORITE VACATION SPOT: Las Vegas

2



Andrew RESTREPO

DEFENDER

Photo by: Scott Cordaro

CENTER: A ball passed from a wide position on the field into the penalty area. Also called a

CHIP: Pass lofted high over an opponent or opponents to a teammate.

CHARGE: Use of the shoulder to force an attacker off-balance and gain possession of the ball.

CLEARANCE: A ball thrown (by the goalkeeper), kicked or headed by the defending team away from its own penalty area.

CORNER KICK: Direct free kick taken by an attacking player from the corner of the defending team's end of the field. A corner kick is awarded if a ball was last touched by the defending team before going over the defending team's goal line (but not into the goal.)

DEFENDER: Player who ordinarily is positioned near his own goal behind the midfielders and forwards and whose primary responsibility is the prevention of the opponent from scoring. Also called "fullback".

DIRECT FREE KICK: Usually awarded after a foul, the ball is placed in a stationary position and may be kicked directly into the opposition's goal without first being touched by another attacker. Corner kicks and penalty kicks are also direct free kicks.

DRIBBLE: Action of a player who advances the ball with a series of short taps with the feet.

DROP BALL: Ball dropped by the referee between two opposing players to restart a game after a play has been stopped for a no-penalty situation.

EJECTION: A disciplinary action taken by the referee against a player (or others) for violent conduct and/or serious foul play, foul or abusive language, or persistent misconduct after receiving a caution (yellow card). The offender is shown a red card and sent off the field. He may not be replaced by another player.

4-4-2: A team formation that has four defenders, four midfielders, and two forwards.

FIRST-TIME PASS: Ball passed without the player first stopping it. Also called "one touch".

FORWARD: Player who ordinarily is positioned ahead of the midfielders and whose primary responsibility is to create and score goals. An inside forward is called a "striker."

GOALKEEPER: Player who is positioned in his goalmouth and whose primary responsibility is the prevention of goals by the opposition. The goalkeeper may use his hands while he is in his own penalty area, and his uniform must contrast with those of the field players on both teams.

GOAL KICK: Indirect free kick taken by a defending player from the defending team's goal area. A goal kick is awarded when a ball was last touched by the attacking team before going over the defending team's goal line (but not into the goal).

HALF-VOLLEY: Kick taken just as the ball bounces off the ground.

HAND BALL: A ball touched illegally by a player's hand or arm.

HEADING: Use of the head; usually the forehead at the hairline to pass, shoot, clear or control the ball.

INDIRECT FREE KICK: Usually awarded after a minor infraction, the ball is placed in a stationary position and may not be kicked directly into the opposition's goal without first being touched by another attacker.

KICKOFF: A ball placed in the center spot at midfield and kicked forward by an attacking player; used to start the game at the beginning of each half and after a goal has been scored. A goal cannot be scored directly from a kickoff.

LINEMAN: Two officials, each equipped with a flag, who assist the referee from the touchlines by signaling offsides, when a ball has gone out of bounds and when a foul has been committed. The referee may choose not to act on a lineman's call.

MARK: Guarding an attacking player.

MIDFIELDER: Player who ordinarily is positioned in front of the defenders and behind the forwards, whose primary responsibility is to create a link between the defenders and forwards. Also called "halfback."

NUTMEG: A ball played by an attacking player between the legs of a marker and retrieved by the same attacking player.

OBSTRUCTION: Action of a player who impedes an opponent by standing in or moving into his path without attempting to play the ball.

OFFSIDE: Position of an attacking player if he is between his opponent's goal line and the ball when the ball is played unless he is on his own half of the field or two opponents are no farther from the goal line than the attacking player. A player cannot be offside if he receives the ball directly from a corner kick, goal kick, throw-in or drop ball situation.

OFFSIDE TRAP: Maneuver by a defense whereby the defenders move toward the opposing team's goal during an attack by the opposition to catch at least one attacker in an offside position.

OVERLAP: An attacking run by a defender that carries him past his own midfielders.

PENALTY KICK: Direct free kick from the penalty spot after a major foul has been committed by the defending team in its own penalty area. The opposing goalkeeper must remain stationary on his goal line between the goal posts and other players must be outside the penalty area; the ball is kicked by an attacking player.

OVERTIME & PENALTY-KICK TIEBREAKER: A feature of the A-League that comes into play when a match is tied after 90 minutes of regulation time. Two extra periods of seven minutes each are played; the match ends when a goal is scored. If no goal is scored, a penalty-kick tie-breaker is held. Each team takes five penalty kicks on an alternating basis. If the teams remain tied, the teams alternate penalty kicks until one team scores and the other fails to score.

REFEREE: The official in charge of the match. Primary responsibilities are to protect the players and serve as an official timekeeper.

SAVE: A ball caught , deflected, or otherwise prevented by the goalkeeper from going into the goal.

SHIELD: A dribbler who prevents an opponent from taking the ball by keeping himself between an opponent and the ball.

SHOT: The kicking or heading of the ball toward the goal with the intention of scoring.

SQUARE PASS: A lateral pass.

STOPPER: A central defender whose primary responsibility is to mark the the opposing center forward or striker.

SWEEPER: A defender who is free to roam in front of and/or behind his teams defensive line.

TACKLE: An attempt to dispossess an attacker of the ball. A common tackle is the slide tackle, which involves a sliding attempt to kick away the ball.

THROUGH PASS: Pass that travels toward the goal between two or more defenders to a teammate, putting him in a position to score.

THROW-IN: A throw executed by an attacking player from outside the touchline. A throw-in is awarded against the team that last touched the ball before it crossed the touchline. The player taking the throw-in must throw the ball onto the field over his head using both hands; he must also keep both feet on the ground either outside or on the touchline.

TRAP: The use of the foot, thigh, chest, etc., by a player to bring a ball under control.

VOLLEY: Kick taken before a ball bounces on the ground.

WALL: A line of three or more players positioned at least ten yards from the ball; used to help defend against a free kick.

WALL PASS: Pass in which an attacker sends the ball to a teammate (the "wall") who immediately plays the ball back to the attacker who has to run to an open space. Also called "give and go" or "one-two."

WING: Area of the field near the touchlines

WINGER: An outside forward. Outside defenders are sometimes called "wingbacks.

FAVORITE MOVIE: Friday

FAVORITE ACTOR: Brad Pitt

FAVORITE ACTRESS: Minnie Driver

FAVORITE TV SHOW: Seinfeld

FAVORITE BAND/MUSICIAN: The Notorious B.I.G.

FAVORITE FOOD: Tommy Tanner's Pesto

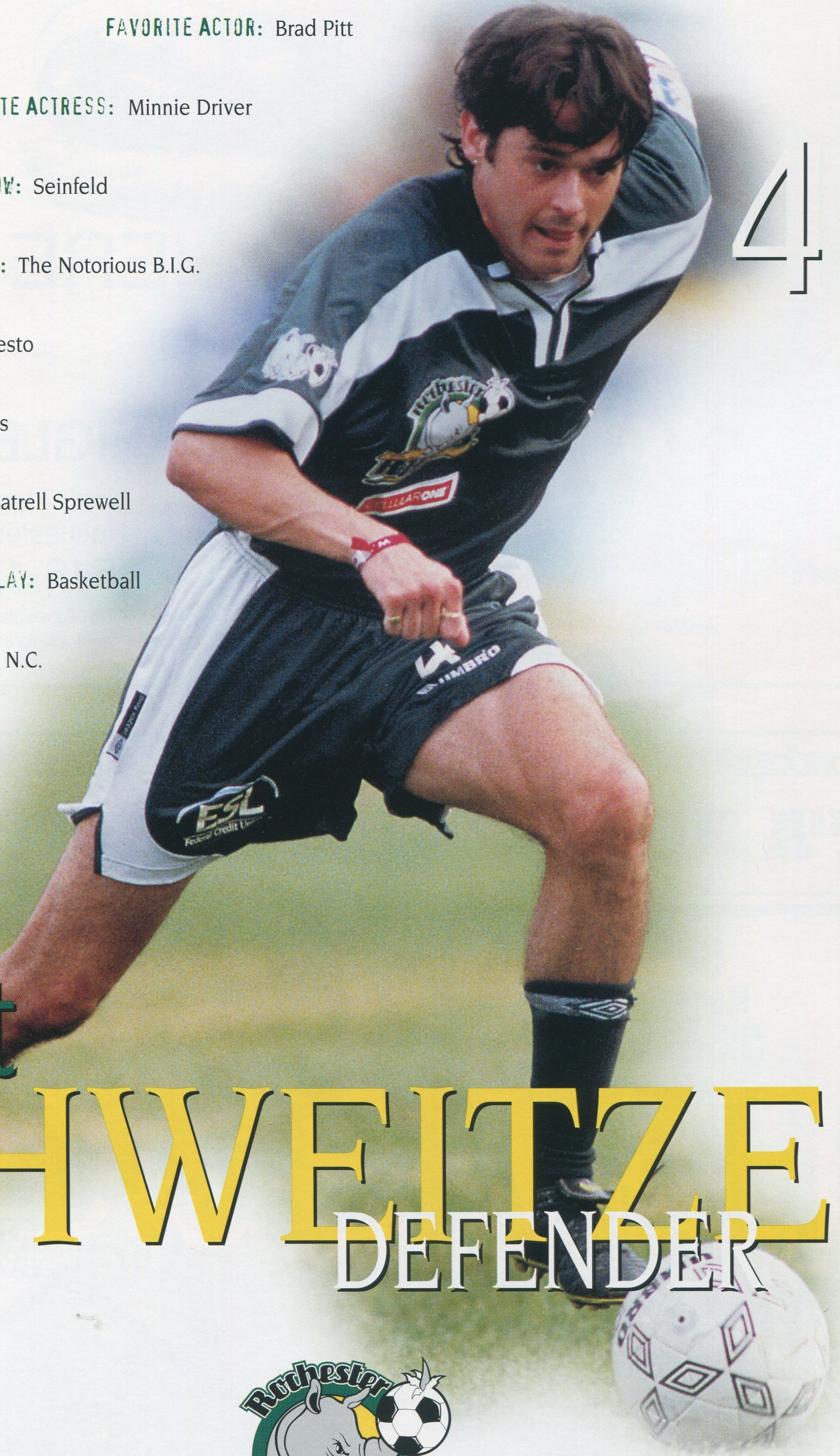
FAVORITE SOCCER PLAYER: Socrates

FAVORITE NON-SOCCER ATHLETE: Latrell Sprewell

FAVORITE NON-SOCCER SPORT TO PLAY: Basketball

FAVORITE VACATION SPOT: Raleigh, N.C.

HOBBIES: Collecting CD's and Hats



4

Scott SCHWEITZER

DEFENDER

Photo by: James D. Lathrop

FAVORITE MOVIE: Shawshank Redmption

FAVORITE ACTOR: Tim Robbins

FAVORITE ACTRESS: Sandra Bullock

FAVORITE FOOD: Thai and Vietnamese

FAVORITE TV SHOW: SportsCenter and Emeril Live

FAVORITE SOCCER PLAYER: Pele

FAVORITE NON-SOCCER ATHLETE: Jerry Rice

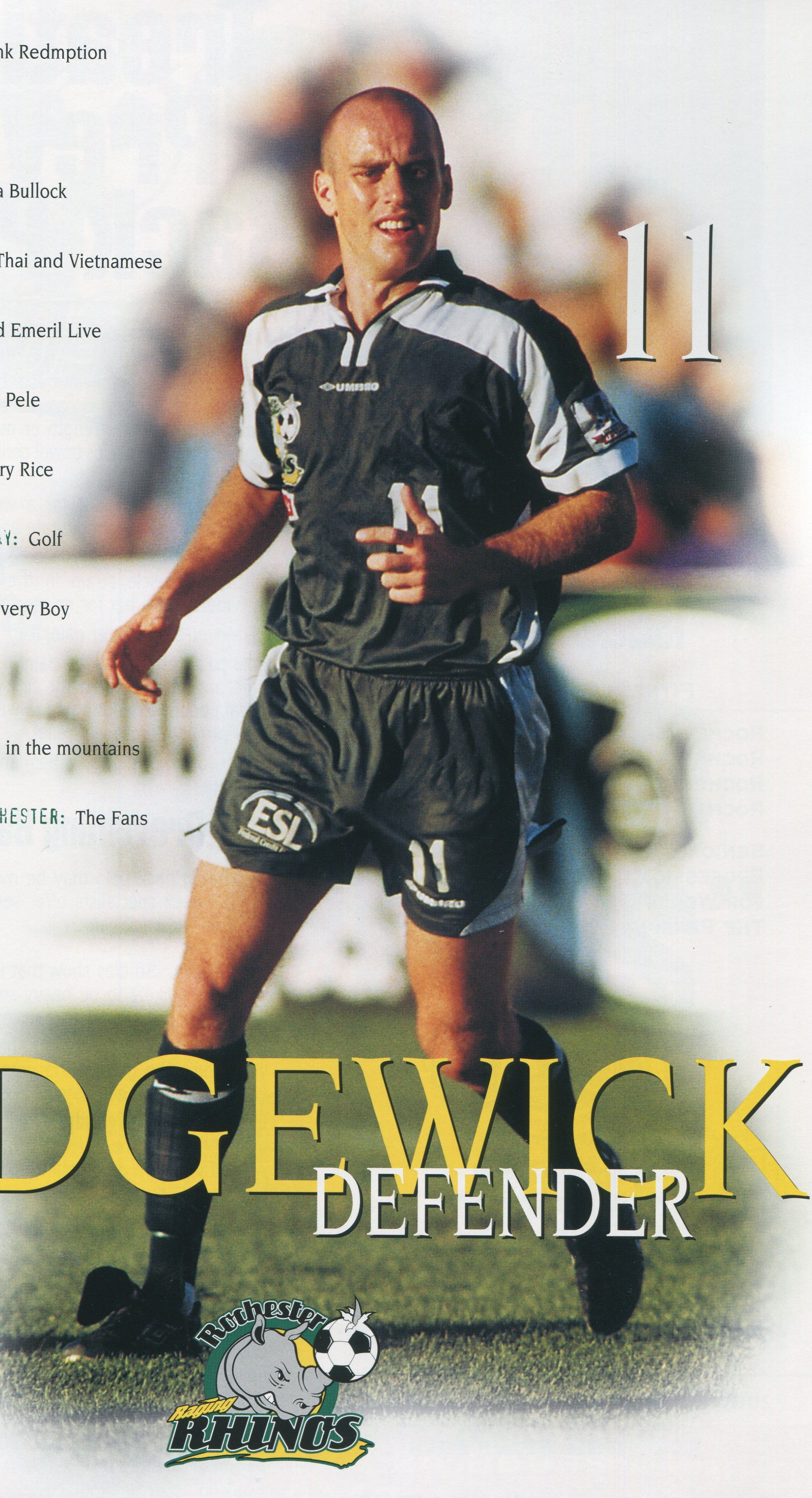
FAVORITE NON-SOCCER SPORT TO PLAY: Golf

FIRST JOB: Newspaper Delivery Boy

HOBBIES: Yoga

FAVORITE VACATION SPOT: Anywhere in the mountains

FAVORITE THING ABOUT ROCHESTER: The Fans



11

Bill SEDGEWICK

DEFENDER

oto by: James D. Lathrop



Treating & Preventing Back Pain

Written & Researched by:
Robert J. Bovee

FITNESS CONSULTANT TO:

ROCHESTER RED WINGS,
ROCHESTER AMERICANS,
ROCHESTER KNIGHTHAWKS &
ROCHESTER RAGING RHINOS

SENIOR FITNESS DIRECTOR &
PROFESSIONAL PERSONAL TRAINER
FOR WORLD GYM &
THE PERSONAL HEALTH APPROACH

GUIDE LINES FOR BACK PAIN TREATMENT

- Get medical attention immediately for a severe back injury like a fall, or if a fever accompanies you back pain. If individuals experience loss of strength or numbness in their legs, or if they have loss of bladder or bowel control, they should seek immediate medical attention.
- Try at-home treatment for a week or two before consulting a physician for mild to moderate episodes of back pain. If symptoms appear to be worsening, contact a physician immediately.
- Following muscle strain in the back, it is recommended that individuals rest, but for no more than two or three days.
- Take over-the-counter painkillers.
- Cold packs applied to the painful area for five to ten minutes at a time are helpful within the first 48 hours after injury. After the initial period, a heating pad, a warm whirlpool bath or hot shower may provide temporary relief.
- Start your normal activities and careful exercise as soon as possible.

Preventing Back Injuries

Preventing back pain may be more effective and beneficial than treating it. Back specialists offer several suggestions for preventing back injuries and back pain:

- **Don't Smoke.** Studies show that individuals with severe back pain were more likely to be heavy smokers. Smoking reduces blood flow to the discs, possibly causing them to degenerate.
- **Lift Properly.** The farther you hold or carry an object away from your body, the greater the potential for back injury. Bend from your knees and keep objects close to your body when lifting.
- **Don't Sit For Long Periods.** Stand up at intervals, like when talking on the phone. When driving long distances, periodically stop and walk around. On an air plane, walk the aisles.
- **Use A Stable Chair.** Your chair should have armrests, and anti-slide surface and back support. When sitting in a chair, your knees should be slightly above the level of you hips.
- **Maintain A Healthy Weight.** Carrying extra body weight, particularly in abdominal region, can throw the body off balance, resulting in poor posture, adding extra stress on the back.
- **Exercise Regularly.** Muscles of the back, in combination with spinal ligaments, provide the foundation of strength and support for the entire spinal column. Exercise increases the strength and efficiency of muscles in the trunk and lower back. With exercise, the back is better able to withstand sudden movements and improper bending or lifting. Choose low-impact exercises (walking, stairclimbing, cycling, etc.) that develops the back, trunk and leg muscles without jarring the spine.

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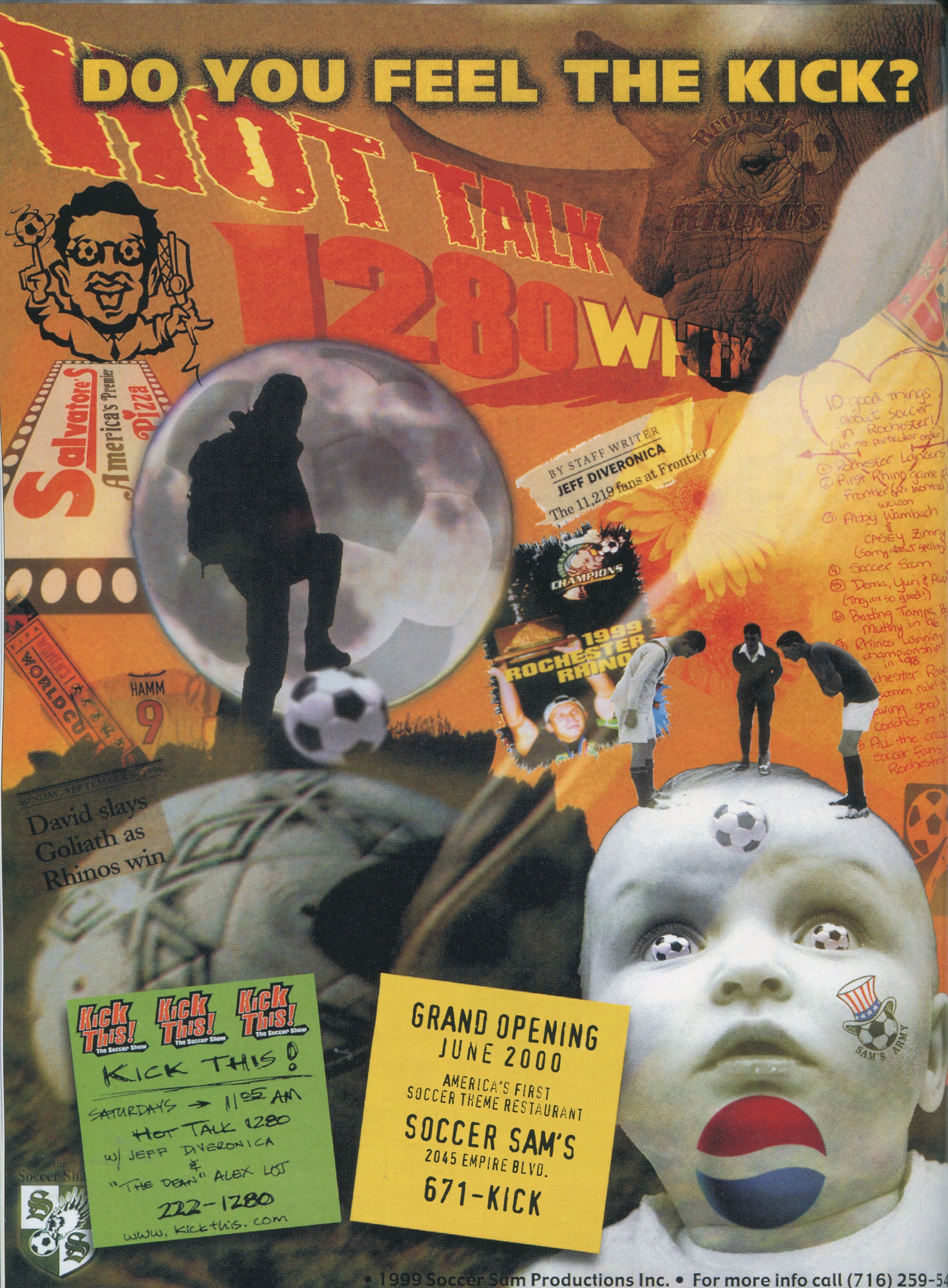
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CHAMPIONS
1999 ROCHESTER RHINOS
WORLD CUP
HAMM
9
David slays Goliath as Rhinos win
10 good things about soccer in Rochester! (in no particular order)
① Rochester Lancers
② First Rhino game at Frontier vs Montreal
③ Abby Wambach & Casey Zimny (Sorry about spelling)
④ Soccer Sam
⑤ Dema, Yuri & Alex (They are so good!)
⑥ Beating Tampa Bay Mutiny in 96
⑦ Rhinos winning championship in 98
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FAVORITE ACTRESS: Meg Ryan

FAVORITE FOOD: Indian and Italian

FAVORITE SOCCER PLAYER: Del Piero

FAVORITE NON-SOCCER ATHLETE: Michael Jorden

FAVORITE BAND/MUSICIAN: Dave Mathews Band

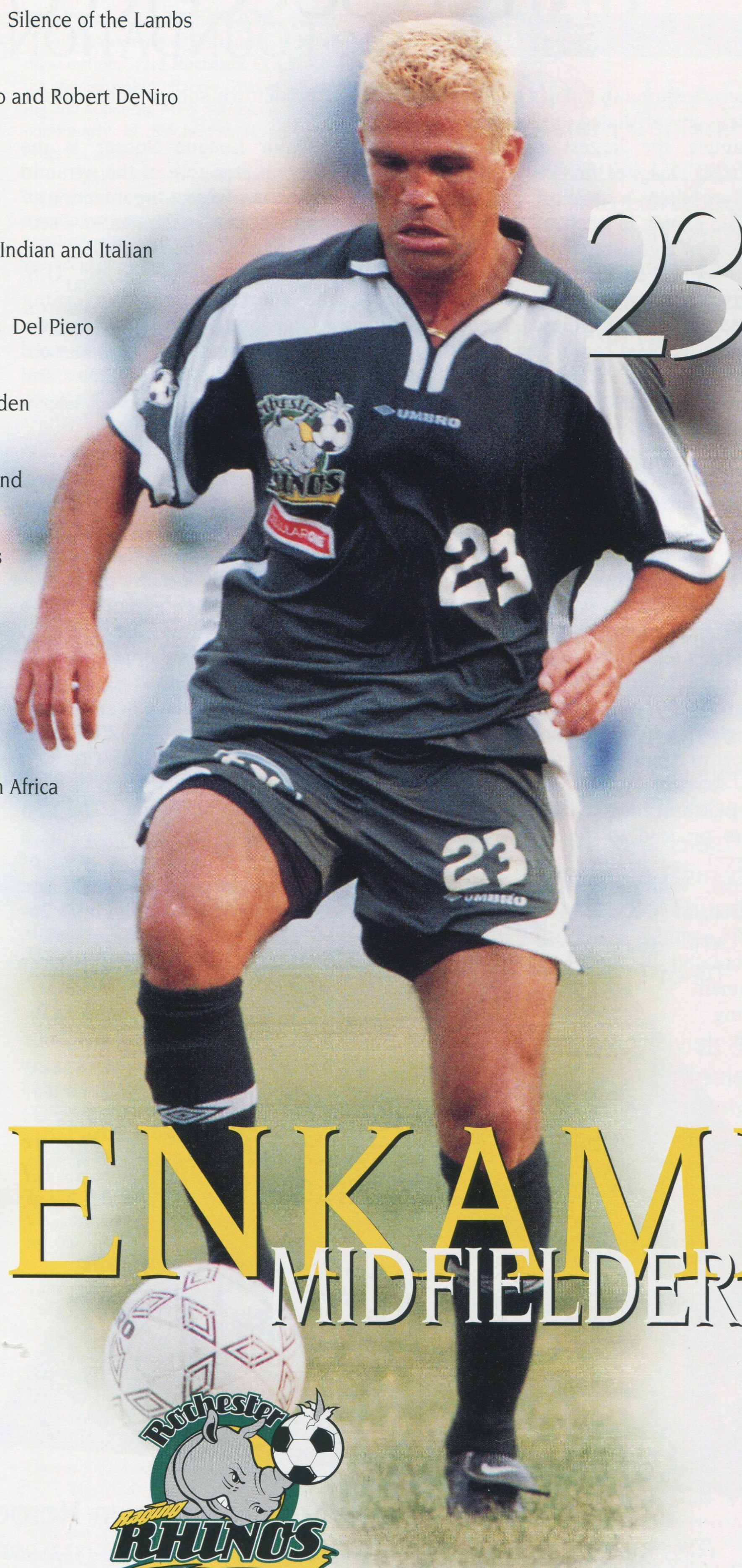
FAVORITE THING ABOUT ROCHESTER: The Fans

FAVORITE NON-SOCCER SPORT TO PLAY: Golf

FAVORITE TV SHOW: Seinfeld

FAVORITE VACATION SPOT: South Coast, South Africa

23



Lenin STEENKAMP

MIDFIELDER

hoto by: James D. Lathrop

UNITED SOCCER LEAGUES
Building the FOUNDATION for the Future.

The teams featured in today's exciting league match are affiliated with United Soccer Leagues, the largest system of national soccer leagues in the United States. More than a million persons attended USL games in each of the past five years, part of a growing legion of fans that want to see the country's rising stars play soccer.

Founded in 1986, United Soccer Leagues enters the 21st century with 127 teams in five leagues. The system provides the starting point for players who aspire to play at the highest level. Top male players are able to follow a pipeline that eventually leads to Major League Soccer, playing for a foreign club, or even being called up to the national team. Top female players gain exposure by competing in the world's most competitive domestic league. Entering its sixth season in 2000, the W-League has produced several future candidates for the national team.

The phrase "Building the Foundation for the Future" refers to USL's commitment to developing the pyramid structure for soccer in America. In recent years, the league system has served as a platform for players who want to proceed to the highest level - Major League Soccer. With the 1999 addition of the Super Y-League, USL has created an environment where young players can work their way from their hometown soccer fields all the way to the top.



With Major League Soccer at the peak, the support structure of the pyramid is USL, the second largest organization of national sports leagues in the nation -- second only to Minor League Baseball.

The A-League, classified by U.S. Soccer, the sport's national governing body, as a Division II professional league, includes 25 teams, 22 in various-sized markets throughout the United States and three in Canada, where the league is classified as Division I.

One step below the A-League is the D3 Pro League which, as its name implies, is classified by U.S. Soccer as a Division III league. With 22 teams set to compete in 1999, the D3 Pro League is the first taste of professional soccer for many players.

The Premier Development League (PDL), one level below the D3 Pro League, is the largest national developmental league in the United States, featuring collegiate, amateur and some professional players. The 2000 season will mark the league's first step in its evolution toward a U23 development league. The first phase will begin with a newly-imposed limit of eight players over the age of 23 on each club's 26-player master roster.

United Soccer Leagues also operates the W-League, the nation's only national soccer league for women. The W-League has benefited from the success of the U.S. Women's National Team in the 1999 Women's World Cup. Seven new franchises will take the field in 2000 as more and more people want to bring women's soccer to their area. The expansion brings the total number of teams in the W-1 and W-2 leagues combined to a total of 36, the most in the league's six-year history.

The Super Y-League, USL's newest project, represents the final and most important building block of the USL support structure for the game in the United States. The Y-League will add U16 boys and girls divisions in 2000 after debuting with U14 and U15 boys leagues last season.

Ultimately, the Super Y-League will provide elite competition for youths 14 through 18 years of age, who compete on a national basis during summer months. Some Y-League teams will be supported by and/or affiliated to USL's national network of affiliated clubs.

USL's history began with the I-League, then known as the Southwest Indoor Soccer League, in 1986. The indoor league serves as an outlet for USL players during the winter months. Although idle for the past two seasons, USL hopes to rejuvenate the I-League for the 2000-01 season.

United Soccer Leagues first went outdoors in 1989, but indoor members still outnumbered the outdoor teams 18-17 in 1991. The number of outdoor teams first surpassed the indoor teams in 1992, when there were 21 outdoor clubs. A growth explosion followed, with 43 outdoor teams in 1993, 72 in 1994, 96 in 1995, when the league was split into professional and amateur divisions and the W-League was introduced for women. The league grew to 106 teams in 1996 (when there were three men's outdoor leagues) and 125 teams for 1997 and 135 teams in 1998.

Umbro, the international soccer company, founded in 1924, is the proud sponsor and official supplier to all leagues within the USL system. Umbro was instrumental in bringing together the USL and the A-League for their successful merger between the 1996 and 1997 seasons.

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A-LEAGUE: LAST STOP on the ROAD to the TOP.

Several success stories emerged from the A-League, the final stop on the road to Major League Soccer, in 1999. From the Minnesota Thunder finally winning the big prize in their fourth trip to the final to the Atlanta Silverbacks marking their turn-around with an opening-day crowd of 8,613 to the expansion Pittsburgh Riverhounds, who earned a playoff spot on the field and off the field finished third in the league in attendance.

But, easily the biggest story to come out of the Division II league in '99 was the mighty Rochester Raging Rhinos winning the Lamar Hunt U.S. Open Cup. The Rhinos knocked off four MLS opponents on the way to the title, the first for a second division team since MLS began participating in the cup in 1996.

"It's remarkable because they beat four MLS teams," said USL President Francisco Marcos. "Having been David all season long, Rochester has become Goliath."

Rochester began its run innocently enough, needing overtime to knock off the Premier Development League's New York Freedoms, 2-1, in the Second Round. The Rhinos then ousted defending Open Cup champion Chicago to begin their run of upsets. They reached the semi-finals by knocking off the Dallas Burn in overtime. With less than five minutes to play in regulation time of the semi-final, the Columbus Crew, holding a 2-1 advantage, were looking forward to playing in the Open Cup Final slated for Sept. 14 in the friendly confines of Columbus Crew Stadium. However, Scott Schweitzer tied the game in the 86th minute and Tim Hardy notched a dramatic game-winner in injury time to shock the Crew.

With the stage set for a major upset and a national television audience watching, the Rhinos and Colorado Rapids played a scoreless first half in the final in Columbus. And as the second half progressed, the Rapids pressured more and more in an effort to stave off Cinderella. But, it was Rochester substitute Doug Miller who scored first, tucking in a 6-yard left-footer in the 65th minute, just four minutes after stepping on the field. Yari Allnutt's 90th minute strike clinched the 2-0 victory.



Yari Allnutt of the 1999 US OPEN CUP Champions Rochester RHINOS in action against the Dallas BURN.

"Obviously we're a quality team and a quality organization," said Rochester Coach Pat Ercoli after the championship victory. "We've got a great following and hopefully MLS will listen and realize that the community of Rochester, if we get a stadium, deserves a team."

The Rhinos continued their quest toward building a soccer-specific stadium in the offseason and are awaiting approval for the necessary public funding required to build PaeTec Park, a 20,000-seat facility projected at $44 million.

Meanwhile, the Charleston Battery beat both Rochester and even MLS' Columbus to the punch, becoming the country's first team to open a privately-financed soccer-specific stadium. Playing before a sell-out crowd of 5,186, the Battery opened Blackbaud Stadium with a 3-0 victory over Atlanta on Apr. 27. The 5,100-seat, $4.5 million stadium features 2,500 reserved armchair seats, an interactive "Fun Zone," and "The Three Lions Pub," a traditional English pub decorated with soccer memorabilia from around the world.

Another sell-out crowd saw the Battery defeat perennial MLS powerhouse D.C. United in an Open Cup Third Round match. Ivailo Ilarionov scored goals in the 87th and 100th minutes to erase a 3-2 deficit and eliminate United in sudden-death in front of 5,456 fans.

Marcos called the opening of Charleston's stadium and Columbus Crew Stadium, two of the most significant events of the 1999 soccer season.

"I absolutely maintian that that is the most important trend as soccer enters its own new millennium and second century in this country," he said. "People at all levels need to consider the continuing process of building what I have labeled the cathedrals, chapels and churches of soccer."

Following their Open Cup victory, the Rhinos were able to return their focus to the A-League season and their quest of repeating as league champions. However, Rochester met a determined Minnesota Thunder team in the final in a rematch of the '98 championship, which Rochester won, 3-1.

The Thunder, appearing in their fourth USL championship game in six years, had just completed a 22-6 season in which they were beaten only twice in regulation or overtime. Minnesota rolled through the playoffs, winning five straight games and outscoring opponents 13-2 in the process.

Playing before a home crowd of 9,987, the Thunder sandwiched a pair of goals around the halftime intermission and held on for a 2-1 victory to put an end to five years of frustration for six players and a coach that had been with the team since its inception in 1994.

"It couldn't have been a more perfect ending to a perfect season," said Minnesota goalkeeper of the Year John Swallen. "For me personally, the whole team and the whole state of Minnesota. In the 10 years I've played, every second has been worth it."

Swallen, along with Amos Magee, John Coughlin, Mark Abboud, Don Gramenz, Gerard Lagos and Coach Manuel (Buzz) Lagos finally tasted a championship after final game losses to Greensboro, Long Island and Rochester.

The 2000 season will feature a scaled-back A-League and the return of the Montreal Impact, who won the 1994 A-League Championship and three straight regular season titles from 1995-97. The league will also take a step toward playing the "traditional" game of soccer as it will allow games to end in ties and utilize the two-leg, aggregate playoff system.

USL continues to utilize its working agreement with MLS in 2000, which allows for the voluntary exchange of players between the two leagues, with compensation made to USL clubs whose players move up to MLS during the course of a season.

A total of 18 players with prior A-League experience were selected in the 2000 MLS SuperDraft, including Charleston's John Wilson, who was selected as the ninth overall pick by Kansas City.

2000 A-LEAGUE

Eastern Conference

Atlantic Division

Atlanta Silverbacks
Charleston Battery
Hampton Roads Mariners
Hershey Wildcats
Pittsburgh Riverhounds
Raleigh Capital Express
Richmond Kickers

Northeast Division

Boston Bulldogs
Connecticut Wolves
Long Island Rough Riders
Montreal Impact
Rochester Raging Rhinos
Toronto Lynx

Western Conference

Central Division

Cincinnati Riverhawks
Indiana Blast
Milwaukee Rampage
Minnesota Thunder
Tennessee Rhythm
U.S. Pro-40

Pacific Division

Bay Area Seals
El Paso Patriots
Orange County Waves
San Diego Flash
Seattle Sounders
Vancouver 86ers


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FAVORITE MOVIE: Good Will Hunting

FAVORITE ACTOR: Mel Gibson

FAVORITE ACTRESS: Julia Roberts

FAVORITE FOOD: Chicken

FAVORITE BAND/MUSICIAN: Erika Badu

FAVORITE VACATION SPOT: Orlando, FL

FAVORITE SOCCER PLAYER: Romario

FAVORITE NON-SOCCER ATHLETE: Dan Marino

FAVORITE NON-SOCCER SPORT TO PLAY: Basketball

FIRST JOB: Paper Boy

FAVORITE ROCHESTER RESTAURANT: Mario's Via Abruzzi

HOBBIES: Playing Cards



8

Tommy TANNER

MIDFIELDER

ROCHESTER'S PREMIERE DANCE TEAM

The Rhinos RAGE



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JENNIFER CAMP
COLETTE CATTEAU
ANNE MARIE CYMERMAN
TINA DEMAR
KATIE FISCHETTE
MAEGHEN FOSTER-PERRY
TRACY FRANCIS
KATE GELL
KELLY GELL
CHRISTINA GLEASON
JAMIE SUE HALE
JENNIFER HEARNE
VALERIE LABATE
KESHA MCFADDEN
MELANIE D. MILOW
ROBIN NEWCOMER
SIOBHAN PEREZ
SHAWNNA ROSE-DAVIDSON
MARIELLE SHAYLOR
ANGELA TUTTLE



Lucy Van Orden is the former director of the DANCEARAMA which she owned and operated for 15 years. Founder and director of the New York Dance Olympics which is in it's 17th year. Member of the Dance Masters of America, certified aerobic instructor and weight trainer. Currently the dance director at Rochester Association of Performing Arts on East Main St.

Professionally she has performed and competed in dance which has won her over $15,000 in cash and prizes and even a car along with representing the Rochester area on national T.V.'s Dance Fever in 1983 with her husband. Many of her choreographer talents are the Focus International Dance Models, Roberts Wesleyan Summer Camp "Oklahoma", Irondequoit High Schools "West Side Story" & "Crazy for you".

In her 3rd year with coaching the Rochester Rage Dance Team.

Lucy enjoys working with musicals and helping those who enjoy in performing and entertaining others through dance.

LUCY VAN ORDEN - CHOREOGRAPHER

FAVORITE MOVIE: Casablanca

FAVORITE ACTOR: Anthony Hopkins

FAVORITE ACTRESS: Lauren Bacall

FAVORITE FOOD: Anything My Wife Cooks

FIRST JOB: Professional Soccer

HOBBIES: Reading Autobiographies

WIFE: Monique

FAVORITE SOCCER PLAYER: Socrates

SUPERSTITIONS: Kiss My Wedding Ring

FAVORITE NON-SOCCER ATHLETE: Prince Nasseem Hammed

FAVORITE NON-SOCCER SPORT TO PLAY: Anything My Son Wants To Play

FAVORITE THING ABOUT ROCHESTER: The Fans



26

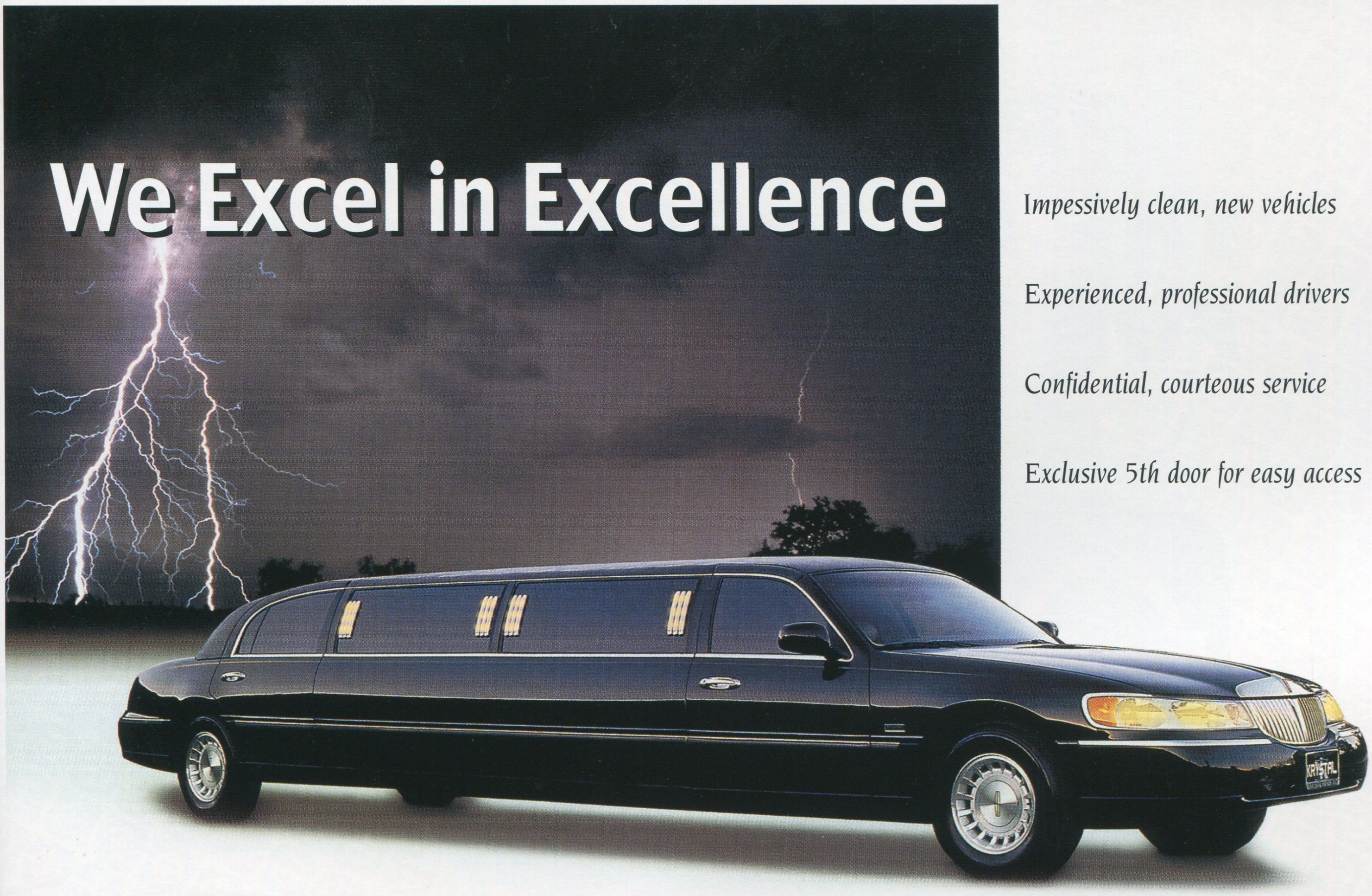
Darren TILLEY

FORWARD

oto by: James D. Lathrop

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FAVORITE MOVIE: Scarface

FAVORITE ACTOR: Samuel L. Jackson

FAVORITE ACTRESS: Halle Berry

FAVORITE SOCCER PLAYER: Tim Hardy

FAVORITE NON-SOCCER ATHLETE: Michael Jordan

FAVORITE BAND/MUSICIAN: Biggie Smalls

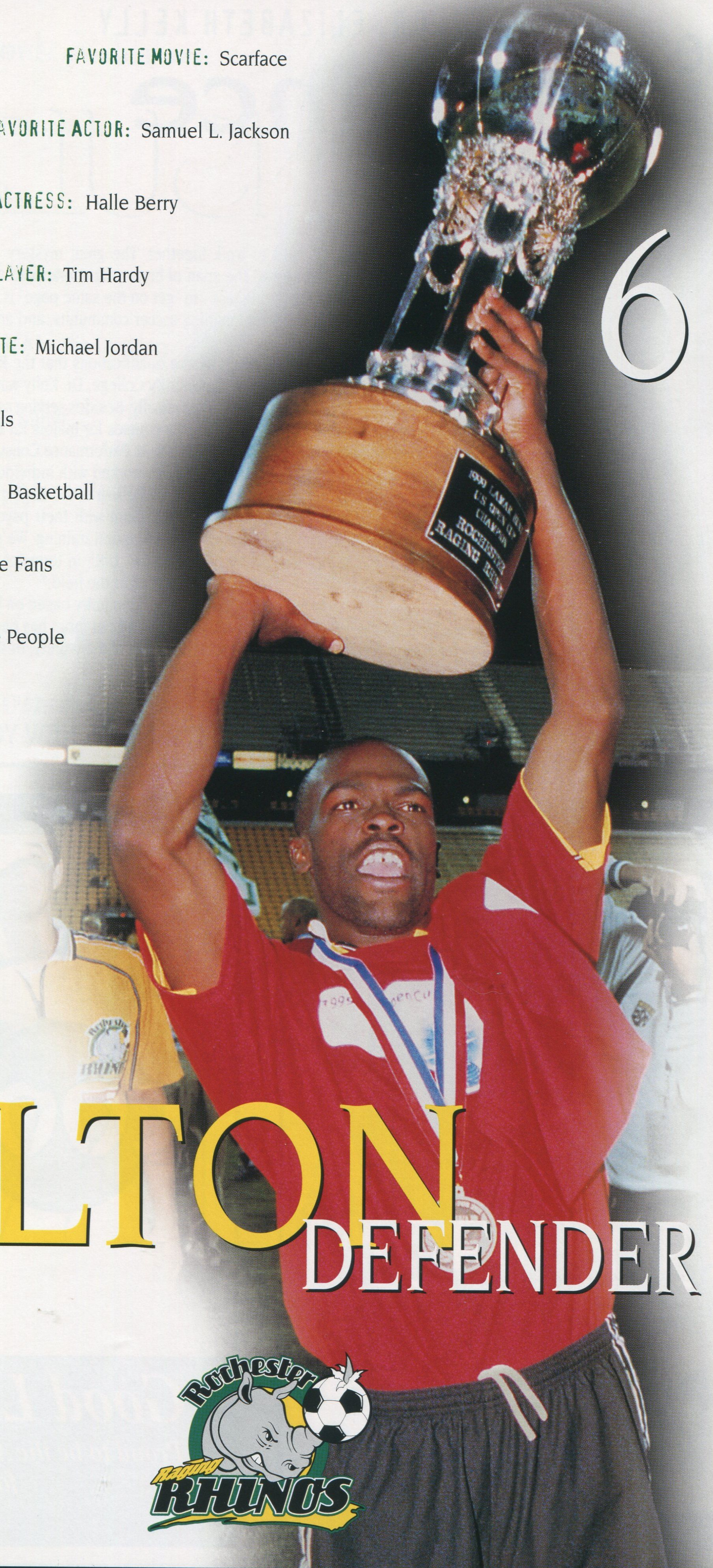
FAVORITE NON-SOCCER SPORT TO PLAY: Basketball

FAVORITE THING ABOUT ROCHESTER: The Fans

PET PEEVES: Simple People

HOBBIES: Music

FIRST JOB: Pizza Job



6

Mali WALTON

DEFENDER

Rochester Raging RHINOS

Photo by: James D. Lathrop

DR. ELIZABETH KELLY

The Performance CONSULTANT



Team: a group organized to work together. The great mystery. Simple in definition, much harder in practice. Coaches (and drill sergeants) throughout the span of history have grappled with the issue of how to mold individuals into a unit. In soccer especially, this is a daunting task - to "get on the same page" is to virtually read your teammates' minds. Toss in language and cultural barriers, a highly demanding soccer community, and an organization where in pride is paramount, and you've got a job for Freud himself.

Dr. Elizabeth Fell Kelly surpassed all the qualifications that the Rhinos were looking for in a sports psychologist. A colleague of Trainer Craig Rand at Monroe Community College, Dr. Kelly was brought in for the 1998 season with hopes that she could help solidify the Rhinos - mentally and physically. Besides serving as the physical education program director at MCC for the last 14 years and teaching professional theory courses for majors for the past 17 years, she also runs her own private sports psychology practice out of her home in Pittsford. At Performance Consultants, Dr. Kelly has helped clients ranging from a four-year-old gymnast to an 87-year-old golfer. She has worked with individual sports and team sports. And now she has the responsibility of working with coaches Ercoli, Odoi, and the rest of the Raging Rhinos.

"My primary goal for the Rhinos is to help them with their psychological skills as athletes. Things like anxiety control, goal-setting, concentration, visualization, and relaxation training. We need to focus on making fewer mental mistakes, minimizing distractions, and maintaining mental intensity - both in terms of the beginning to end of a game, and the whole season," said Kelly. "They'll be able to carry these skills onto the field."

As a team, Kelly aims to help create a family community based on honesty, openness, and positive communication. She has been meeting the entire team on a weekly basis and her input has been welcomed and put into practice, with all early indications pointing to a rediscovered and refocused sense of team unity; this should be attributed both to her work as well as the players' admission of its importance.

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FAVORITE MOVIE: American Beauty

FAVORITE ACTOR: Kevin Spacey

FAVORITE ACTRESS: Julia Roberts

FAVORITE FOOD: Mexican

FAVORITE ROCHESTER RESTAURANT: The Distillery

FAVORITE NON-SOCCER ATHLETE: Reggie Miller

FAVORITE NON-SOCCER SPORT TO PLAY: Surfing

FAVORITE BAND/MUSICIAN: Depeche Mode

FAVORITE THING ABOUT ROCHESTER: The Fans

FAVORITE VACATION SPOT: Cancun, Mexico

FAVORITE TV SHOW: Seinfeld

58

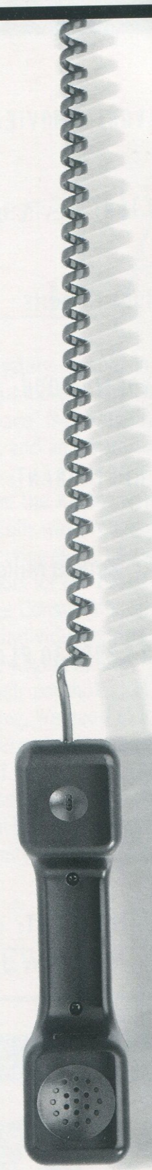


Carlos ZAVALA

MIDFIELDER

Photo by: James D. Lathrop

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FAVORITE ACTOR: Benji

FAVORITE ACTRESS: Lassie

FAVORITE ROCHESTER RESTAURANT: Dinosaur BBQ

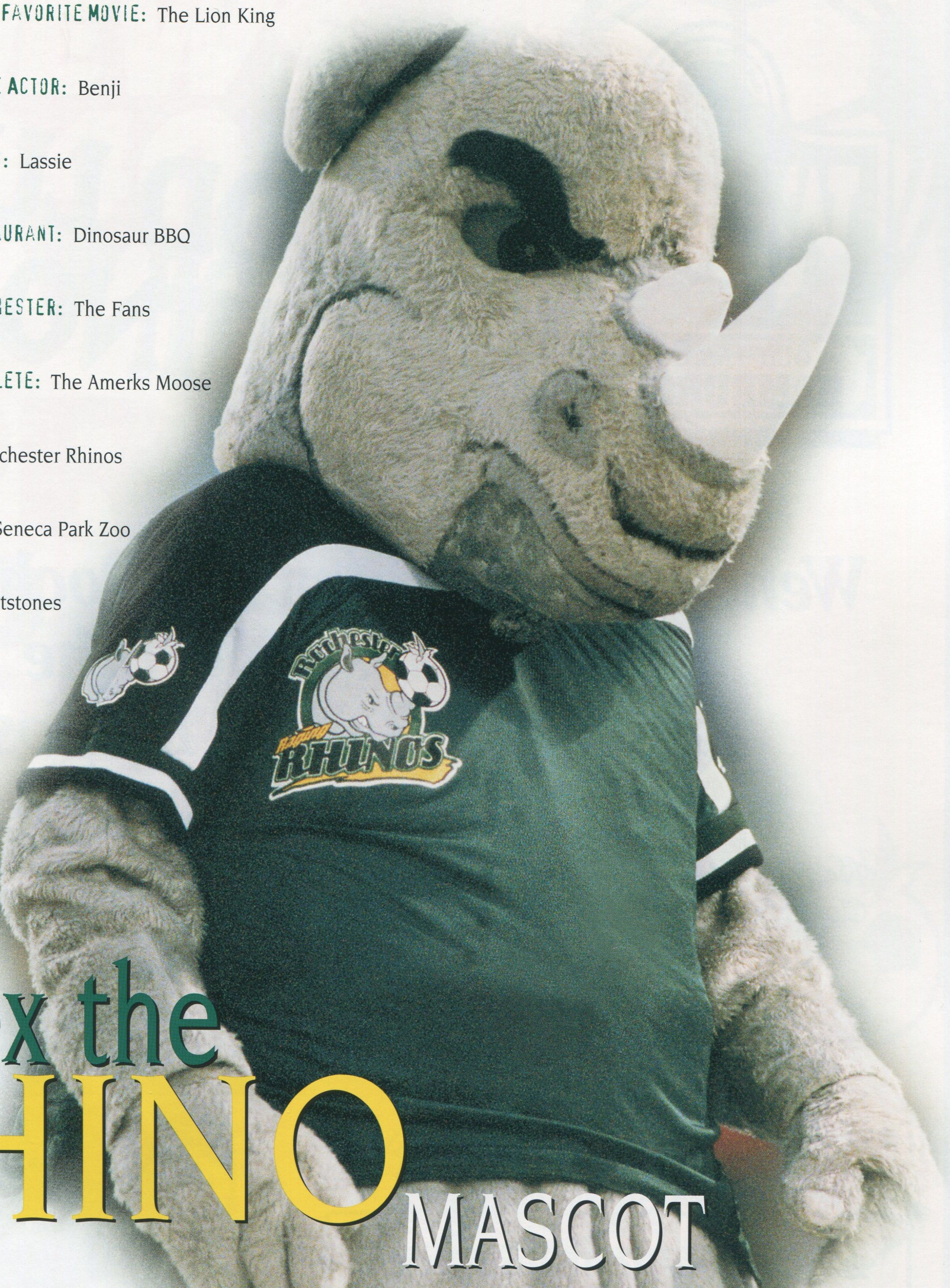
FAVORITE THING ABOUT ROCHESTER: The Fans

FAVORITE NON-SOCCER ATHLETE: The Amerks Moose

FAVORITE SOCCER TEAM: Rochester Rhinos

FAVORITE VACATION SPOT: Seneca Park Zoo

FAVORITE TV SHOW: The Flintstones



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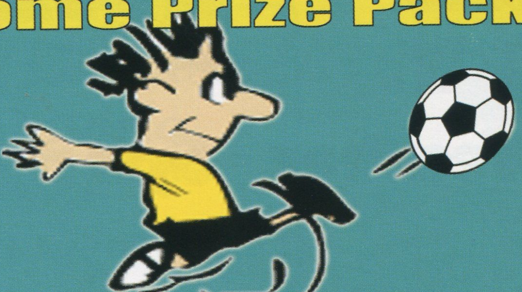


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WDKX AND THE RHINOS ARE TEAMING UP AGAIN

104 WDKX and The COMMUNITY

When Andrew A. Langston was growing up in Georgia, he used to caddie at a local golf course. He observed how the men would swing the club, chip around the greens, and line up their putts to finish out the hole. To this day, Langston uses the power of observation to help his golf game (he's a scratch golfer), and teach a very important lesson to today's youth.

Langston, owner of Rochester radio station WDKX-FM 103.9, is a firm believer that sports have a positive effect on youth. That's why he is an avid supporter of the Rochester Raging Rhinos professional soccer team, and why WDKX and the Rhinos have teamed up to make the game of soccer available to all kids in the city of Rochester.

"The Rhinos are important in the community," shared Langston. "It's important that the players not only share their soccer skills and talent with the kids, but also their priorities and philosophy on how to reach goals in life. Like our on-air talent at WDKX, the majority of the Rhinos players have graduated from college. To go out into the Rochester community and share these experiences will make a difference ."



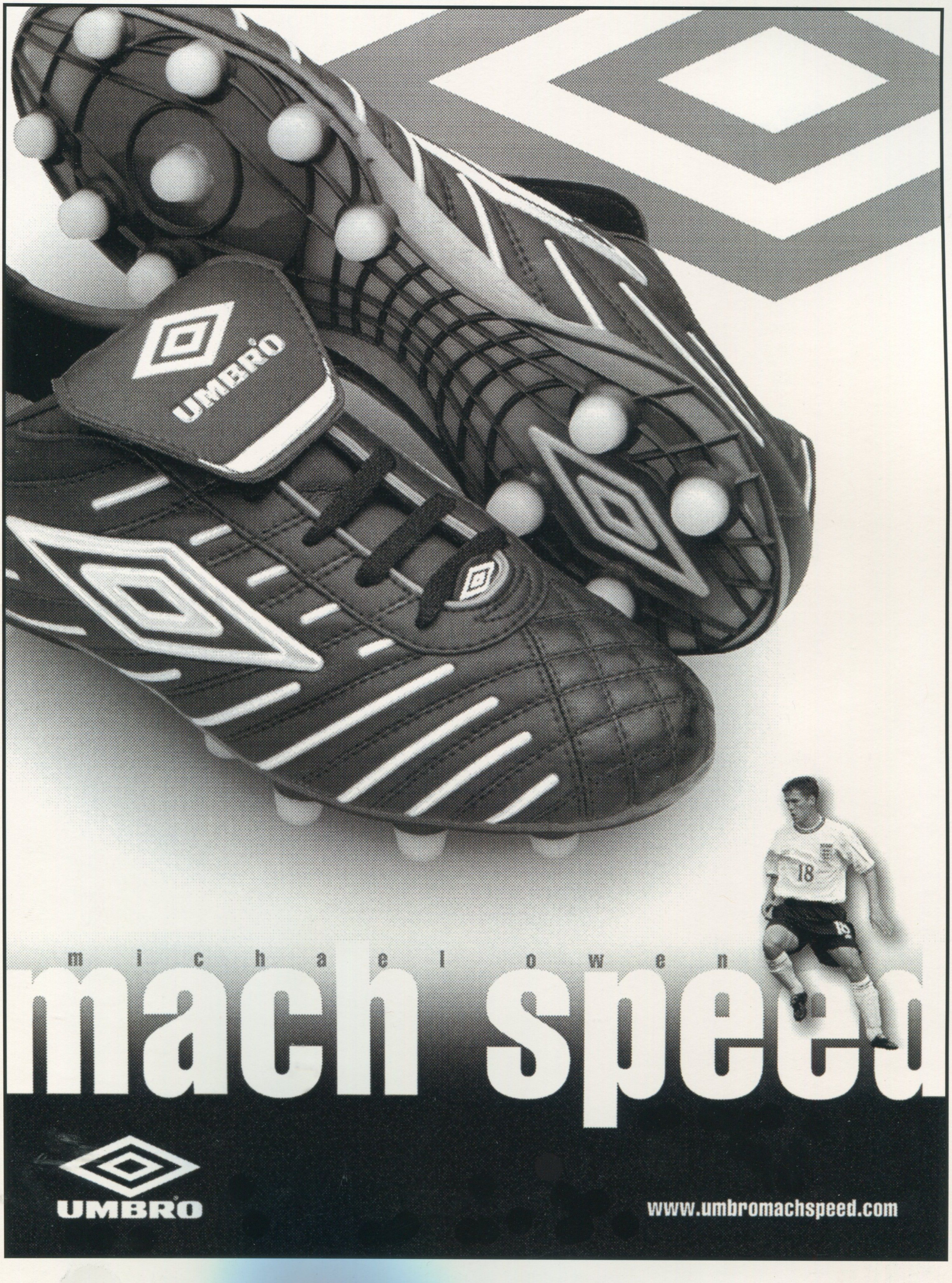
Langston, who named his radio station after Frederick Douglass, Dr. Martin Luther King Jr., and Malcolm X - WDKX - believes that giving back to the community is priority number one for all of his businesses, especially the radio station. After 26 years on the air, WDKX is a leader in providing community support in Rochester.

"I love when the different communities of the area mix together in an atmosphere of fun and partnership," continues Langston. "Soccer is a world-wide sport, the one game in the world that really brings everyone together for the good of the game. I know that kids of all races and backgrounds will be attending Rhinos games this summer. More importantly, the Rhinos are making a commitment to the community by reaching out with their players and staff by holding clinics and games for the kids. It's another outlet in the city for kids to use their energy in a positive way."

WDKX and the Rhinos are involved in projects together to help kids in the community. "Coaches Corner" is a joint effort to bring charitable organizations to a Rhinos game by giving away 25 tickets per match. "It's a chance to bring entire families together to enjoy a game in a nice setting at Frontier Field," said Langston. "It keeps the kids off the street and exposes them to the sport of soccer and the players, who can show them that hard work and diligence points the way to success."

The Rochester Raging Rhinos and WDKX are teaming up to make the game of soccer fun and exciting, and working together to make the Rochester community a better place to live.

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